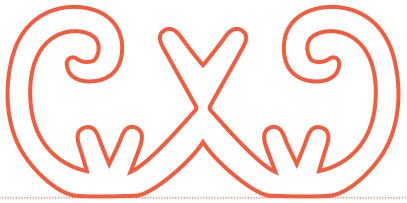


2023/2024

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# EXECUTIVE DIRECTOR



#### **EXECUTIVE DIRECTOR**



DANIEL G. NOLETT **Executive Director** Abenakis of

Odanak Council

Kwaï, kwaï mziwi!

To begin, I would like to acknowledge once again the excellent work of the entire Council team; whether it is the team from the Administrative Office, the Health Centre, Public Works, the Environment and Lands Office or the Abenaki Police Force, I would like to thank them all for their excellent services in 2023-2024. We have been very busy. Indeed, we had a record year, with over 400 projects in progress, and we reached a level of funding never before seen in the history of the Council's administration. As you can see from our audited financial statements, we had \$20,067,890 in total revenues in 2023-2024.

You will also see that our financial situation remains excellent. Well done once again, and thanks to the whole team!

Wli agizow8gan! Enjoy your reading!

#### **ADMINISTRATION**

Parking at 102 Sibosis: The charging stations were installed in summer 2023. We have installed five (5) double charging stations:

- 1 at the 102 Sibosis parking lot;
- 1 at the Museum parking lot;
- 1 at the Kiuna parking lot;

Plans and specifications for the future shelter for Indigenous women and children fleeing violence were 100% complete for construction by the architectural firm MDTP in December 2023. Tenders were called through the SEAO in January 2024 and two (2) bids were received. The lowest compliant bid was from Construction Therrien of Nicolet. This bid came in at \$3,348,000, under the budget of \$3,375,000 allocated by the CMHC. Construction is scheduled to begin on April 22, 2023.







Construction of the 9 social housing units was completed in early February for the quadruplex on Mgezo, and in mid-March for the semi-detached on Managw8n and the triplex on Pakesso. Tenants have begun to move in and occupy the units. Due to construction delays, the Council decided to have the units completed by Construction SAMMAX. The contract had originally been awarded to Construction Mathieu Laramée.

We have put on ice the project to renovate the old post office into a fitness centre. Indeed, it was finally decided by the Council to build a brand new daycare centre rather than expand the existing building. The management of the Aw8ssisak daycare centre submitted a request for 31 additional places to the Ministère de la Famille last March. It makes more sense to build a brand new building than to renovate and expand the existing one. Already, the original building was a 6-unit building for autonomous and semi-autonomous elders. It was not designed to be a daycare facility. Right now, the kitchen isn't really functional for 50 children, so imagine 81! The new daycare centre will be built in the new part of Tolba Street. We are considering renovating the old daycare centre to meet the needs of the kinesiology team and the OHC, given the lack of office space these teams are experiencing.

We have begun consultation meetings with community members to review the membership code. On April 2, the Council adopted a resolution placing a moratorium on the transfer of band members to Odanak. More to come...

With regard to the new Crown Canada agreement, the Council has adopted three of the four major administrative policies (the governance policy, the human resources policy and the information management policy). All that remains is to adopt the financial management policy. The latter is currently under review by the FMB, before returning to the Council to be adopted by the Finance and Audit Committee, and finally approved by Council members.

The water games at the community pool were installed last October. They have been in operation since summer 2024, as planned. In addition, the Council took the decision to build a new reception building at the pool, as well as a new building housing the community pool's pump and filter system. Both buildings have become obsolete and are in need of repair. This spring, we will be building a brand-new pool house for the community pool. This represents an investment of just over \$400,000.

#### **EXECUTIVE DIRECTOR**

For the right of way at Domaine de Pierreville, we have reached the stage of having to ask a court to decide and grant us a right of access to our land at the Domaine. Unsuccessful attempts over the past five or six years to gain access to the land adjacent to the Domaine have forced us to go to court. More to come...

At the time of writing, refurbishment of the sanitary sewer pumping stations will begin in a few weeks' time. The sheds on two of them will be removed. All the equipment needed to keep the stations running smoothly will also be replaced: pumps, automatic controllers, etc. Indigenous Services Canada has allocated over \$700,000 to cover the costs involved.

Speaking of sanitary sewers, the sludge from the wastewater treatment basin was emptied in November 2023.

In fall 2023, we were also scheduled to replace humidifiers and ventilation system components at the Musée des Abénakis, as they have reached the end of their useful life.

Also in the fall of 2023, we once again had to replace the culvert at Domaine de Saint-François-du-Lac. This is the third time in the nearly 20 years I've been in office that we've had to replace it. This time will be the last. W8banaki's technical services department have done their homework, in collaboration with Fisheries and Oceans Canada (since it's a federally-regulated watercourse that passes through Domaine land) to design the plans and specifications for a new culvert that will stand the test of time.

With regard to the land claims file, we are still waiting to receive the final text of the agreement we reached with the Crown. For our two claims files, we have agreed to and accepted a settlement offer of \$150 million for the "Saint-François SCT-2001-11" file, and \$40 million for the "38 lots SCT-2003-11" file. As soon as we are able to do so, we will be holding public information sessions to explain the subsequent steps that will ultimately lead to the payment of compensations.

In March, the Council created the Office de la langue abénakise. This entity, made up of myself, Philippe Charland, Pascale O'Bomsawin, Mélanie O'Bomsawin, Hélène O'Bomsawin and Mathieu O'Bomsawin, will be responsible for revising the language and any translation work requested to ensure its accuracy.





# ODANAK ENVIRONMENT AND LAND OFFICE



#### **ODANAK ENVIRONMENT AND LAND OFFICE**

Since 2019, we have been conducting a

striped bass project in collaboration with the Wôlinak Environment and Land Office

and the Ministère des Forêts de la Faune et

des Parcs. Our work is aimed at identifying

population, particularly in the Sorel Islands

a few larvae. In addition, genetic analyses are underway to identify juveniles. We have

also identified spring and winter staging

areas. This work confirms that striped bass are reproducing again in Lake Saint-Pierre,

but we still don't know what contribution

this reproduction makes to the river's total

archipelago. To date, we have found eggs and

the critical habitats of this reintroduced



#### SAMUEL DUFOUR PELLETIER

Director of Odanak Environment and Land Office

# population. For the time being, the species retains its legal status as "endangered". However, the results gathered to date, and those yet to be gathered, will help in the definitive recovery of this species, and later, in establishing management measures once its legal status will be lifted.

# 1. M8LAZIGAN (STRIPED BASS) (AMERICAN EEL) PROJECT IN THE PROJECT SOREL ISLANDS 2. NAH8MO (AMERICAN EEL) PROJECT In 2023, the BETO launched a presence of American processor of

In 2023, the BETO launched a project to document the presence of American eel in the main rivers of the Ndakina (Bécancour, Saint-François, Nicolet and Gentilly). Eel is a fish that spends its life in freshwater and returns to spawn at sea (unlike salmon). Only one breeding site is known, the Sargasso Sea (in Bermuda), but eels migrate up all the rivers of the American East Coast, the Maritimes, the St. Lawrence and the Great Lakes. Generally speaking, eels will travel as far upstream as possible, to the headwater lakes, where they will spend several years developing. Due to a number of factors, including the fragmentation of its habitat by dams, the American eel is in decline throughout its range. It will soon be on the list of species at risk.

The first year of our project was devoted to characterizing the obstacles to its free movement (waterfalls, dams, etc.), developing our expertise in the various inventory techniques and conducting an environmental DNA sampling campaign to validate its presence at the foot of various obstacles (detected at 5 locations out of 14).

The next few years will be devoted to counting and characterizing the eel contingents at the most problematic obstacles, with the ultimate aim of identifying management solutions that will promote the recovery of the species.



#### 3. DUCK BANDING STATION PROJECT

This year, Luc G. Nolett (BETO) and Shany Rousseau (Wôlinak Environment Office) are being trained by Mr. Paul Messier of the Société d'aménagement de la Baie Lavallière - Maison du Marais in the art of duck banding at the Lac Saint-Pierre banding station. These banding stations are administered by the Canadian Wildlife Service, and their purpose is to collect data for waterfowl management (population trends, disease monitoring, migration assessment, etc.). Next year, our newly trained resources aim to open a brand-new banding station in Baie-du-Febvre, operated entirely by the W8banaki Nation.

#### 4. PENEG8KILHASIS PROJECT (BANK SWALLOW)

Since 2021, the BETO has been surveying bank swallow colonies along the Ndakina rivers: Bécancour (2021), Saint-François (2021), Nicolet (2022), Lake Saint-Pierre and its archipelago (2022), southwest Nicolet (2023), Bullstrode (2023), Richelieu (2023) and Yamaska (2023). The bank swallow is an endangered small insectivorous bird that breeds in large colonies. These colonies are located along vertical walls made of sand (cliffs, eroded riverbanks, quarries and sandpits, earth mounds, etc.), where the pairs dig a small tunnel to build their nest.

To date, our work has led to the discovery and characterization of 90 colonies, the vast majority of which were unknown to the federal authorities managing the species. These discoveries have enabled us to forge links with landowners, so that they can voluntarily take action to protect these habitats (e.g.: maintain a natural riparian buffer strip, avoid riprap). This work has also opened up a new Canada-wide scientific partnership with Environment and Climate Change Canada, where we are helping them to study the species' local and migratory movements using various telemetry techniques on birds carrying transmitters.

In addition to the direct benefits for this endangered species, this project enabled our team to rediscover and navigate all of the Ndakina's rivers by canoe, thus learning about access and risks.

### 5. MATGWAS PROJECT (HARE): SMALL GAME HABITAT DEVELOPMENT

Since 2019, the BETO has adopted a wildlife-forest management plan (plan d'aménagement forêt-faune (PAFF)) to improve the quality of habitat for game, particularly snowshoe hare and ruffed grouse. This plan consists mainly of rejuvenating specific forest stands in order to promote softwood regeneration. In this way, young fir, spruce or pine stands will be able to provide winter protection habitat for hare and grouse, which is currently lacking on a regional scale. Silvicultural strategies vary depending on the nature of the stand, but in general, the goal is to cut hardwood species so that young softwood shoots have sufficient light and space to grow quickly, while protecting seed trees (e.g. large healthy fir). This type of management also improves the habitat of several other species such as white-tailed deer, small mammals, forest birds, etc. Indeed, our PAFF also aims at protecting dead wood and fruit trees as well as creating forest gaps, drumming sites, vegetation andins and transition zones (ecotones). All these elements promote the integration of biodiversity in the broadest sense.



#### **ODANAK ENVIRONMENT AND LAND OFFICE**

#### 6. M8M8LAMAGAWS (YELLOW PERCH) PROJECT – MARSH 2

In the fall of 2022, we made a minor adjustment to the management of Marsh 2. Despite initial work in 2017 to improve yellow perch movement between the Tardif channel and the pond, two issues persisted: the presence of beavers and water level management.

For several years now, the water level of the marsh 2 pond has become very low due to the withdrawal of flood waters. A considerable volume of vegetation is being dewatered while it constitutes a substrate of choice for yellow perch eggs and provides refuge and growth habitat for the larvae. Paradoxically, a small beaver dam has been erected since 2019 and helps to keep the water in the pond a little longer, but again limits the free movement of fish.

The small-scale remedial project was therefore to replace the beaver dam with a small artificial dam made of wooden beams, which can be added and removed as required to maintain the required water level in the marsh, while maintaining free movement for fish. The beavers will be trapped and the meat redistributed to the community. The situation will be monitored for a few more years to detect any changes.

#### 7. MAALHAKWS (BLACK ASH) PROJECT

The BETO participated, in collaboration with the Ndakina Office and the Wôlinak Environment and Land Office, in a black ash survey project on the Ndakina territory.

In 2020, a project to list black ash under the Species at Risk Act (SARA) began. This listing project led to a consultation process with other First Nations communities, and as part of this process, our teams carried out inventories in the summers of 2021 and 2022 to locate black ash stands and obtain information on their condition. In 2023, the project was renewed and inventories continued to complete the information and locate other stands. Over the two years, we discovered 72 stands within the 19 areas visited. This study showed that large stands of black ash are present in the vicinity of both communities, and that they appear to contain trees with good potential for basketry, justifying monitoring some of them in the future. However, the signs of defoliation visible in many stands suggest either an infestation by EAB or another insect pest, or a change in environmental conditions unfavourable to the species' survival. In 2022 and 2023, emerald ash borer traps were set in stands to test this hypothesis. The presence of EAB was confirmed in almost all stands. The project will continue in 2024 in order to document the inventoried stands, as well as testing methods to counter EAB, experimental planting and large-scale threshing of ash.

#### 8. SOBAGWI MKAZAS (CORMORANT) PROJECT

The BETO has developed a project to render inaccessible (using nets) navigation aids in the center of Lake Saint-Pierre, which are heavily used by double-crested cormorants during their fall migration through the region. The hypothesis is that the inaccessibility of these resting structures will force the cormorants to migrate more rapidly, and thus spend less time feeding in the Lake Saint-Pierre grass beds.

In 2021, two structures were installed, confirming the relevance and usefulness of the concept. In 2022, a total of four structures were fitted out, but this was not sufficiently successful. In 2023, we decided to convert all 11 structures.

The 2023 anti-cormorant measures were a success. The number of cormorants present in Lake Saint-Pierre was maintained below 1,000 individuals for the entire fall migration period, compared with daily peaks of 5,000 individuals prior to the measures. When compared with 2022 data, this represents approximately 62 tonnes of fish removed from their diet for the entire target period.



#### 9. RESIDUAL MATTER MANAGEMENT PROJECTS

The Ecocentre recorded 2,395 visits, an increase of 238 over 2022. Odanak residents accounted for 29% of visits, while the municipalities of Pierreville, Saint-Elphège and Saint-Françoisdu-Lac accounted for 71%. The Ecocentre was open from May to November, three to five days a week. During this period, 195 tonnes of CRD, wood and cardboard, 20 tonnes of metal, 2.2 tonnes of household hazardous waste, 278 mattresses and sofas, 5 tonnes of electronic devices and numerous refrigerants and tires were sent to a specialized recycler. In addition, 400 m<sup>3</sup> of plants were brought in by visitors. A selffinanced approach to the local reuse of organic and granular materials was implemented, including the contribution, storage, processing and resale of recycled soil, sand and gravel to support community development projects. Odanak residents can benefit from these types of materials free of charge when they are available. This circular initiative is accompanied by the installation of cement block enclosures to store materials reserved for the community's public works. An experimental project to cover almost 3,000 m<sup>2</sup> of EEE at the Ecocentre has made it possible to make use of the worthless surplus waste brought to the Ecocentre in 2023 by community projects. The rest of the work will take place in the spring of 2024, involving the seeding of native cover plants and the planting of over 1,500 native trees. For 2024, adjustments are planned following the withdrawal of Pierreville and Saint-François-du-Lac from the intermunicipal agreement. The Ecocentre's opening hours will be adapted accordingly, in anticipation of a drop in traffic. In addition, a dedicated container will be installed for plant residues, which will be sent to a specific treatment and reclamation facility.

Concurrently, several social network posts engaged with Odanak residents and members. In addition to raising awareness of waste management, a growing interest in composting was noted. A project to set up a door-to-door compost collection was presented to the Council and approved. Its implementation is scheduled for 2024. In addition, in response to requests from community residents, a subsidy is now available to support the use of reusable menstrual hygiene products.

#### 10. CLIMATE CHANGE ADAPTATION PROJECTS

Six double charging stations for electric cars have been installed in the community, including at Kizos Hall, the AOC, the OHC, the Museum, Kiuna and the Community Hall.

An assessment of the condition of diseased ash trees in residential areas was carried out. This was followed by a turnkey, participatory approach that could be adapted to the condition of each ash tree, to harmonize public safety, ecology and the wishes of owners. Plots of black ash were identified in the commune for potential study for future community enhancement and supply projects.

A program of adaptation to climate change and energy transition was proposed to the Council and adopted. The aim is to plan and implement concrete actions to mitigate the effects of climate change and encourage sustainable initiatives and resources. To this end, a greening and climate change adaptation potential analysis is currently being carried out by a firm specializing in eco-urban planning. This preparatory phase aims to develop a holistic greening plan for the Odanak community, incorporating innovative solutions to strengthen environmental resilience. Finally, a partnership with W8BANAKI has been initiated to guide future projects towards a "least impact" approach to the environment and climate, thus promoting environmental preservation and quality of life for Odanak residents.



#### **ODANAK ENVIRONMENT AND LAND OFFICE**

#### 11. GARDEN AND MONARCH PROJECT

In addition to managing the community's various garden spaces (community garden, medicinal plant garden, green spaces), in 2022 and 2023 the BETO set up an initiative to improve habitat for insect pollinators, including the monarch butterfly. This initiative involved planting native milkweed (an obligatory host in the monarch life cycle) and nectariferous flowers blooming at various times (necessary for adult monarchs to feed) in as many places as possible in the community (museum, community spaces, parks and trails, Ecocentre, landscaping of public buildings, along streets, at interested members' homes, etc.) and in a new garden space dedicated to the monarch within the community garden. An area near the commune's marsh 1 has also been converted to wild land to enhance the quality of insect habitat. Several outreach activities were also offered to members to encourage as many people as possible to keep spaces in their natural state and plant as much milkweed and native nectar flowers as possible.



#### 12. OTHER TASKS

- · Consultation: Watersheds, wildlife panels and more
- Communications activities: scientific conferences, presentations to members
- Support and advice to organizations: W8banaki, BEW, MFFP, and others
- Maintenance: Trails, developments, woodlands, parks, and others
- · Maintenance and supervision of the rink
- Snow removal
- Staff and budget management
- · Applications for funding
- Involvement in many of the Nation's committees

#### 13. 2023-2024 PERSONNEL

- Samuel Dufour-Pelletier (Director)
- Luc G. Nolett (Field team supervisor)
- Michel Durand (Land manager)
- Evelyne Benedict (Field assistant)
- Yvan Desmarais (Field assistant)
- Edward Coughlin (Ecocentre attendant)
- Émile Gariépy (Environment project manager)
- Théo Allart (Environment project manager)
- Stéphanie Harnois (Environment project manager)
- Joannie Beaupré (Environment project manager)
- · Cathy Duguay (Environment project manager)
- Hubert Latour (Student)

# INCOME SECURITY

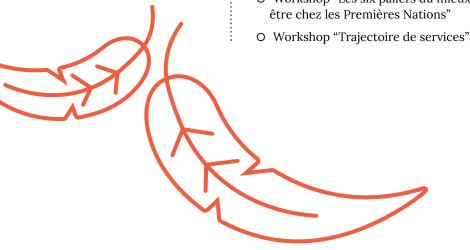
#### **INCOME SECURITY**



ANN I ANDRY Socio-economic and Education agent

- Follow-up meeting on the First Nations Regional Action Plan on Income Assistance Program reform;
- Annual meetings of Income Security Program officers and managers with the FNQLHSSC;
- · Discussion meetings on preemployability with the FNQLHSSC;
- · Prepare and mail T5007 and Relevé 5 statements to claimants for their 2023 tax returns:
- · Prepare and send income security program reports to Indigenous Services Canada (ISC) in accordance with funding agreement requirements;
- Training and workshops:
  - O Communicating better to work better together
  - O Teams and Outlook 365
  - O OneNote
  - O Sharing best practices at annual meetings
  - O Workshop "Leadership et mieux-être"
  - O Workshop "Agir en prévention pour assurer sa sécurité"
  - O Workshop "Trouver mon équilibre dans les défis de mon travail"
  - O Workshop "Les six paliers du mieuxêtre chez les Premières Nations"

- Participation in the Odanak food drive committee;
- Preparation of the 2023-2024 budget in collaboration with the Finance Director;
- · Budget follow-up every 3 months;
- Periodically inform beneficiaries that the special Inflation allowance and the distribution of Métro gift cards will continue thanks to the additional funding provided by ISC;
- Apply the administrative procedures included in the Income Security Framework Policy and follow-up on updates and apply them when required;
- Analyze applications for last-resort assistance, inform new claimants of their eligibility and entitlement, as well as their obligations to the income security program;
- · Provide professional services to program beneficiaries in consideration of their individual needs:
- Conduct annual reassessment to update claimant files;
- · Develop healthy relationships with regional and provincial organizations related to income security, transfer to the province and employment.





#### **BUDGET ITEM, SOCIAL ASSISTANCE BENEFITS**

In 2023-2024, the income security sector provided monthly financial assistance to 17 families and their dependents.

The income security sector paid out \$202,466.76 to income security program beneficiaries. Based on statistics, herewith are the results for the past year:

SOCIAL ASSISTANCE Benefits expenditures	2023-2024
Basic allowance	\$133,102.76
Bonus allowance <sup>1</sup>	\$1,600
Limited capacity allowance <sup>2</sup>	\$34,313
Special allowance <sup>3</sup>	\$560
Special inflation allowance (Allowance + grocery gift cards) <sup>4</sup>	\$32,891
Total for 2023-2024	\$202,466.76

#### FURTHER INFORMATION ON BUDGET ITEMS

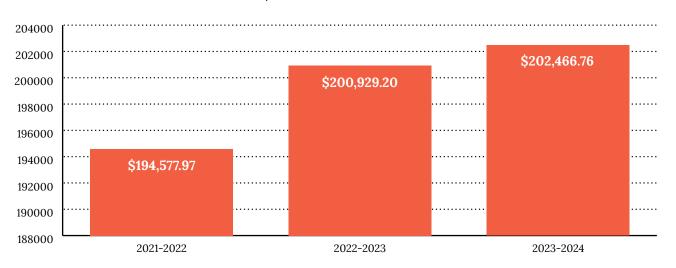
**Note 1:** Bonus allowance for single employable persons (without constraints).

**Note 2:** Limited capacity allowances are provided to people with physical or mental incapacity or due to pregnancy, age (58 and over) and for children under the age of 5.

**Note 3:** Special allowances are provided to people with special needs in the following situations: illness, pregnancy, death of a family member, etc.

**Note 4:** Special Inflation Allowance (temporary) paid to income assistance beneficiaries and their families for increases in the cost of living.

#### SOCIAL ASSISTANCE BENEFITS - STATISTICS, EXPENDITURES OVER THE PAST 3 YEARS





#### **INCOME SECURITY**

_	IWN OF THE NUMBER Le assisted in 2023-2024	NUMBER OF INDIVIDUALS
	Men	10
	Women	7
	Single individuals	13
BREAKDOWN OF PEOPLE	Single individuals with dependants	0
VN OF I	Couples without dependants	2
AKDOV	Couples with dependants	0
BRE	Participants in case management (employment assistance measure)	0
	Total number of individuals	17
	Average age	53 years old

EMPLOYM And Depai	NUMBER OF INDIVIDUALS	
	Training (Adult, vocational, Post-secondary)	0
TRAINING TURES	Labour market  Employment assistance measures	3
ENT, TE Partu		0
EMPLOYMI And De	Moved outside community/ Eligible for old-age pension (age 65)	2
	Total	5







#### **EDUCATION**



NATHALIE CARDIN

Education officer Indian Register Administrator

#### EDUCATION SECTOR MISSION

- Promote, within the limits of available budgets and established guidelines, the increase in the level of education of members of the Odanak community.
- Ensure that students from the Odanak community receive the educational services to which they are entitled, while adopting measures that will promote educational success and prevent school dropout.
- Promote funding for studies by students who pursue education in a continuous manner.

#### **EDUCATION**

#### A) ELEMENTARY LEVEL ON RESERVE

Total number of students: 29

Number of status students: 20

Number of citizenship code member students: 9

#### **B) SECONDARY LEVEL ON RESERVE**

Total number of students in September 2023: 21

Number of status students: 2

Number of citizenship code member students: 19

Number of students attending a public school: 1

Number of students attending a private school: 10

Number of graduates: 4





#### **POSTSECONDARY EDUCATION**

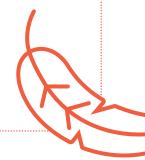
#### C) COLLEGE LEVEL

监	Students	5	<u>~</u>	Students	38	缶	Students	35
SEMES	On reserve students	0	MESTE	On reserve students	10	EMEST	On reserve students	7
SUMMER S	Off reserve students	5	VLL SEI	Off reserve students	28	ITER S	Off reserve students	28
က	Graduates	1	023 F/	Graduates	1	24 WII	Graduates	12
202	Drop-outs/failures	0	2	Drop-outs/failures	1	20	Drop-outs/failures	0

#### **COLLEGE GRADUATES' PROGRAMS OF STUDY:**

- Pre-Health Sciences Pathway (PHPG)
- · ACS accounting
- ACS Prison intervention technology
- Business Fundamentals

- · DCS Nursing technology
- · DCS Police technology
- DCS pre-university Visual arts



#### D) UNIVERSITY LEVEL

色	Students	20	<u>~</u>	Students	60	뜶	Students	62
SEMEST	On reserve students	2	MESTE	On reserve students	4	EMEST	On reserve students	4
Æ	Off reserve students	18	ILL SEI	Off reserve students	56	ITER S	Off reserve students	58
23 SUMI	Graduates	1	023 FA	Graduates	2	24 WII	Graduates	6
202	Drop-outs/failures	0	2	Drop-outs/failures	2	20	Drop-outs/failures	1

#### **E) EXPENSES FOR BOTH LEVELS:**

Tuition: \$525,729 Books: \$120,334

Subsistence allowance fees: \$853,688

Total: \$1,499,751

#### UNIVERSITY GRADUATES' PROGRAMS OF STUDY:

- · Bachelor of food science and technology
- Bachelor of commerce, specialized in management
- Bachelor of music
- Bachelor of education
- Bachelor of science
- Master's degree in psychology (2 students)
- · Master's degree in education-psychology counselling
- Bachelor of medicine (Doctorate)



#### **EDUCATION**

#### **ACTIVITIES - EDUCATION**

- Verify and follow-up on and off reserve students' files at
  the elementary and secondary levels as well as from the
  post-secondary level of university level. At the university
  level, 144 applications were received and verified for all
  three semesters (approximately 900 documents). At the
  college level, 75 applications were received and verified for
  all three semesters (approximately 400 documents). The
  goal is to verify that all criteria are respected under the
  education policies in effect.
- Manual update for sending elementary and secondary level cheques at the beginning of the school year (preparation of letters, addition of new children and removal of graduates, change of address, change of grade, date of receipt of proof of attendance and forwarding the list to the accounting department for payments to be made).
- Manual update of on-reserve elementary and secondary school records.
- Several exchanges between parents, students and institutions.
- Reception of various correspondences related to education (ISC, organizations, institutions offering special programs, etc.).
- Preparation of applications and reports for the various FNEC programs.
- Signature of agreements with the FNEC.
- Approval of various FNEC program expenditures.

- Attending FNEC meetings.
- Update all documents used for education and ensure they are also available on the Internet.
- Application, reception and payment of invoices to elementary, secondary, university and college institutions (an average of 23 universities are contacted per semester).
   At the college level, on average 5 colleges are contacted per semester by the person in charge of this level.
- Work in collaboration with various organizations for the organization and follow-up of activities in order to respect the budgets.
- Production of various documents for school transportation (forms and tickets for parents) and a list with the names of children and street for the bus driver's route.
- · Nominal and post-secondary list report for ISC.
- Adding on the AOC website educational activities or programs deemed interesting for youth.
- Update to the membership application form under our citizenship code.
- Support for the college level supervisor.
- Collaboration to create a platform for post-secondary students.
- Collaboration to manage primary and secondary school records in SSAMTA.

#### ACTIVITIES HELD IN COLLABORATION WITH THE EDUCATION DEPARTMENT

- · Abenaki language courses
- Individual homework assistance
- Summer student employment (6)
- Visit by Monsieur Papillon educational activities
- Purchase of materials for various cultural, educational and science & technology activities
- · Outing to the Biodôme in Montréal
- Participation in the Inter-school Games
- · Fees for cultural agent



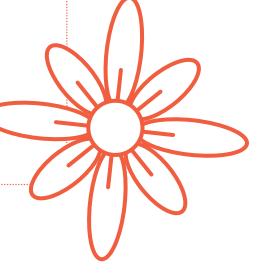


#### **REGISTRAR**

ΔRFNΔΚΙ	S OF ODANAK LIST OF BAND MEMBERS			
	LY 16, 2024	ODANAK	OFF RESERVE	
	Status	317	2,682	
	Citizenship code	24	106	
	Status – other Nations	5	-	
BERS	Non-Indigenous	162	-	
MEMBERS	Total	508	2,788	
	Total status members living on and off reserve	2,999		
	Total citizenship code members living on and off reserve	130		
	Grand total	3,12	<u></u>	

#### **ACTIVITIES**

- Production of the monthly report of events reported for ISC (births, additions to the band list, deaths, changes of address, marriage, cards issued, etc.).
- Updates to band list and residents list.
- Receiving applications for citizenship code and preparing and sending letters of approval.
- Assistance provided to complete ISC application forms and send forms to applicants.
- Answering various questions from registered members and those who wish to apply.
- Family research to provide information concerning eligibility.





#### HOUSING



**CLAUDE PANADIS**Housing Agent

#### HOUSING

With the housing policy, status members of the Odanak community can benefit from existing programs to build, renovate and purchase a home. Housing funds are primarily provided by Indigenous Services Canada (ISC), the Native Commercial Credit Corporation (SOCCA), Caisses Desjardins, BMO, RBC and the Canada Mortgage and Housing Corporation (CMHC).

#### RRAP

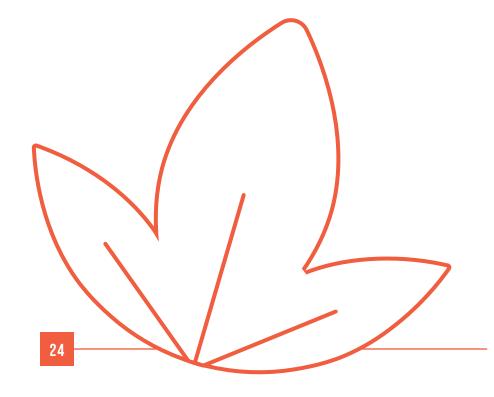
At the beginning of the fiscal year, two (2) applications for the 2023–2024 RRAP program were accepted; one regular and one for the disabled, for a total of \$61,005. However, three (3) additional late applications were accepted for a total of \$51,568, for a grand total of \$134,605.

#### **MINOR REPAIRS**

Seven (7) requests for minor repairs were accepted: three (3) for roofing and four (4) for miscellaneous work, for a total of \$30,570.36 in grants awarded to community members.

#### HOME CONSTRUCTION AND PURCHASE

Six (6) ministerial guarantees were processed, including one (1) for the construction of new homes, two (2) for the acquisition of existing homes and three (3) requests for various home refinancing.







# ETSC



#### ETSC



**ELEANOR HOFF** ETSC agent

(in collaboration with Céline L. O'Bomsawin) The Employment and Training Service Center (ETSC) program includes support and guidance measures for professional development training, as well as employment integration measures. Here is a brief description of these measures:

#### SUPPORT AND GUIDANCE MEASURES (MEASURES "A")

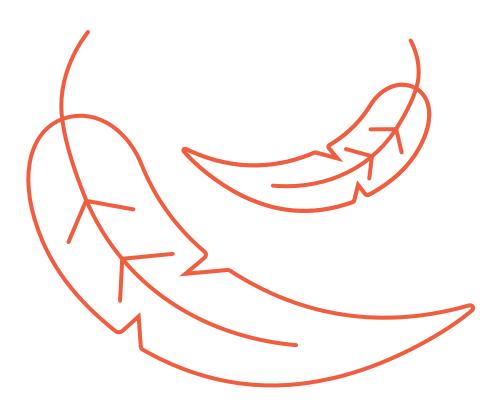
- Acquire relevant information regarding the labor market and educational environment to identify services and resources that facilitate job market integration (documentation center, job placement service, Internet job postings, educational and career information, etc.).
- Provide professional resources that can help clients develop strategies for professional integration.

#### TRAINING AND PROFESSIONAL DEVELOPMENT MEASURES (MEASURES "B")

- Allow individual clients to acquire the professional skills required for a specific job.
- Enable a client to complete their high school diploma to access better employment opportunities or enter the workforce.

#### EMPLOYMENT INTEGRATION MEASURES (MEASURES "C")

- Job creation initiatives provide incentives to employers to help clients reintegrate into the labor market and gain work experience.
- Self-employment assistance offers financial support to members who want to start their own business during the early years of the company's operations.





#### THESE MEASURES ARE SUBJECT TO THE ETSC POLICY OF ODANAK AND AVAILABLE FUNDS.

The target clientele includes First Nations members living in Quebec, both on and off-reserve, who are not receiving educational allowances or employment assistance measures through social assistance. The primary role of the ETSC is to offer training and job creation services that promote short-or medium-term integration into the labor market, both on and off-reserve in Quebec; to enable individual clients to acquire the professional skills required for a specific job. The program also allows clients to improve their skills to obtain employment, redirect their careers, complete their secondary education to pursue post-secondary training, or reintegrate into the workforce.

In the past year, we have provided financial support to clients seeking to access adult education or pursue vocational training. We have also offered incentives to employers to help clients reintegrate into the labor market, allowing them to gain sufficient work experience to access better-paying jobs. Here are the details of these measures.

		ASSISTANCE	ONGOING	COMPLETED	DROP-OUTS
	Vocational training	8	3	2	3
щ	Adult education	4	0	2	2
MEASURE	Student summer employment	11	0	11	0
	Self-employment measures	2	0	1	1
	Job creation	27	2	25	0

(Financial assistance for 52 members)

The following is a list of our accomplishments over the past year:

- Participation in regional meetings
- Assistance for members renewing employment insurance benefits
- · Preparation of payments and monthly allowances in accordance with our policy
- · Follow-ups for vocational training and high school students
- · Work in close collaboration with adult education teachers to monitor our students' progress





ÉRIC CLOUTIER
Director, CPDA



I am pleased to present the 2023-2024 annual report of the Abenaki Police Force. The work accomplished by all police personnel deserves to be recognized, and these individuals can be proud of their contribution to the well-being of the citizens of Abenaki communities.

In 2023-24, we worked tirelessly to ensure the public's safety, in an often difficult and complex environment. I would like to underline the exceptional work done on a daily basis, and especially during a year when the police department was very much in demand.

The CPDA activity report offers a window on all the work accomplished over the past year. Among the major achievements, I am focussed on maintaining a stable team - something that hasn't happened for several years. I'm also pleased to note the announcement by Public Safety Canada to invest over \$1.2 million so that we can update our equipment and acquire the equipment missing from the department.

In addition, we have had an announcement from the Ministère de la Sécurité publique du Québec for a \$1.5 million expansion of the police station, which suggests that the increase in personnel is the logical outcome of these announcements. This is therefore very good news for our police force, and for the population as a whole.

I would like to thank all our employees, police officers and civilians alike, for their commitment to making our communities ever safer and protecting the lives and property of the Abenaki population.

Maintaining the safety of our communities remains our priority.

#### **OUR MISSION**

The mission of the CPDA is to protect the lives and property of citizens, to maintain peace and public safety, to prevent and combat crime and to enforce the laws and regulations in effect.

In partnership with the institutions, economic and social organizations, community groups and citizens of Odanak and Wôlinak, the CPDA is committed to promoting the quality of life of Abenaki communities by reducing the crime rate, improving road safety, promoting a sense of security and developing a peaceful and safe environment, in respect of the rights and liberties guaranteed by the Canadian and Quebec Charters.

#### **OUR VISION**

Our vision is to be a team at the service of its community, recognized for its professional interventions, its excellent practices and for the quality of its skills.

#### **OUR VALUES**

The CPDA adheres to the values of the communities of Odanak and Wôlinak, i.e. responsibility, courage and respect. The following values also motivate us in the fulfilment of our mission and our vision:

#### **SERVICE**

Citizen safety is at the heart of our priorities. We are convinced that through the quality of our daily actions and our commitment, we are able to maintain our priority of providing them with a safe living environment.

#### **ETHICS**

Every police officer must be exemplary in respect of the law. The officer must ensure application of the law while using judgment in the exercise of his discretionary powers. Integrity, respect and accountability characterize our conduct, and this is essential to maintaining public trust.

#### **Partnership**

Our professional relationships with our partners are based on united objectives and interests and concerted initiatives.

#### COMMITMENT

Our personnel are motivated by a sense of belonging to the organization and the profession; they identify with the objectives of the service and share the resolve to devote themselves to the well-being of the community.

#### COMMUNICATIONS

Attuned to the needs of the population served, we communicate with our internal and external clients in a dynamic and proactive way.





#### ABENAKI MEMBERS ODANAK AND WÔLINAK

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www	18 BEV	шл	. н. п	ICC.

Michel R. Bernard

#### **COUNCILLORS**

Manon Bernard	Karolane Landry-Mensah
Stéphane Landry	Martine Bergeron-Milette

ACTING EXECUTIVE DIRECTOR, ABENAKI OF WÔLINAK COUNCIL

Mathieu McMurray (Interim)

#### **ODANAK CHIEF**

Rick O'Bomsawin

#### **COUNCILLORS**

Martin Gill	Alain O'Bomsawin
Jacques T. Watso	Florence Benedict

EXECUTIVE DIRECTOR, ABENAKI OF ODANAK COUNCIL

Daniel G. Nolett

#### MONITORING COMMITTEE

Éric Cloutier

Daniel G. Nolett

Jean Boucher

1 elected member from Odanak

1 elected member from Wôlinak

**ADMINISTRATIVE ASSISTANT** 

Sophie Gill

DIRECTOR OF THE POLICE FORCE

Éric Cloutier

**DETECTIVE SERGEANT** 

Mylène Trudeau

#### POLICE OFFICER

1 3 1 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1									
Pascal Gill	Christopher Duff	Karolane Dupont Verpaelst	Marc- Antoine Fontaine	Warren Robertson- Roy	Nicolas Larouche	Sébastien O'Bomsawin	Etienne Prud'homme	Brigitte Dubé	
						PART	TIME		

**SECONDMENT TO THE ENPO** 

Dave O'Bomsawin



#### **ROAD SAFETY**

Improving quality of life, saving lives and promoting better sharing of the roads between motorists, pedestrians and cyclists. This sums up the focus of CPDA officers throughout the year.

With 431 traffic tickets issued and more than 15 roadblocks for drinking and driving, the CPDA has really taken its responsibilities in terms of road safety to ensure that everyone feels safer on our roads.

#### **CRIME STATISTICS**

In 2023-2024, in addition to issuing traffic tickets, the CPDA handled 537 cases of all types. Of these 537 cases, the CPDA handled 188 criminal offences on its territories, which represents an increase of 42%. We can see that criminal offences are still on the rise, but if we compare with last year's 280% increase, the increase is much lower. The arrival of the Wôlinak casino has had a lot to do with this. Here is a list of the cases we handled:

#### **CRIMINAL CASES:**

- 24 for alcohol-impaired or refusal
- 19 for assault
- 17 for various thefts (bicycle, car, identity)
- · 19 for breach of contract
- 15 for uttering threats
- 10 for criminal harassment
- 9 for fraud
- 9 for intimidation
- 8 for breaking and entering
- 8 for misdeeds under \$5,000

- 6 for obstructing a police officer
- 5 for sexual offences
- 5 for public mischief
- 4 for drug possession or trafficking
- 4 for fleeing from police
- 3 for dangerous driving
- · 2 for driving with suspended permit
- 2 for personation with intent
- · 2 for trespassing at night
- 2 concerning income tax laws

- 1 for failure to stop at an accident
- · 1 for assault with a weapon
- 1 for possession of stolen goods +\$5,000
- 1 for public nuisance
- 1 for making an animal suffer
- 1 for attempting to commit, being an accomplice to a criminal act
- 1 for careless use (firearm)
- · 1 concerning federal law

#### **NON-CRIMINAL CASES:**

- 95 for other assistance (bailiff, ambulance, other police services, fire)
- 59 for public assistance
- 36 for information received from the public
- 32 for order services
- · 23 for accidents
- · 19 for individuals observed
- 18 for alarms
- 11 for mental health disorders

- 7 for animal related calls
- 7 for warrants
- · 6 for civil matters
- 4 for missing persons
- 4 for lost/stolen items
- · 4 for individuals in distress
- 4 for vehicle repossession
- 3 for family disputes
- 2 for observed/suspect vehicles
- 2 for article 810 requests

- 2 for compromised development security (Youth Protection)
- 2 for non-criminal fires
- 1 for inmate transfer
- 1 for disturbance in a public place
- · 1 for natural death
- · 1 for stolen and recovered vehicle
- 1 for by-laws
- 1 for peddling without a valid permit
- 1 for unfounded 911 call



#### **PREVENTION**

- 1. May 30 to July 31, for a second year, the CPDA collaborated with the Odanak Health Centre to organize an awareness-raising activity for youth in the Odanak community who use bicycles and scooters. The aim of the activity was to raise awareness of road safety rules, such as wearing a helmet, riding on the appropriate side of the street, and so on. Youths doing good deeds were rewarded by an officer who gave them a coupon to be entered in a draw. Gift certificates from Dépanneur Nimowon were also distributed.
- **2.** Youths were also invited to ask patrol officers questions about safety rules. Over a two-month period, a police officer would visit Odanak youth to discuss safety rules.
- 3. On August 2, 2023, S/D Mylène Trudeau led a workshop at the Odanak day camp focusing on the basics of road safety. She then escorted young people wishing to cycle in the community. (In partnership with Christina Béland-Racine of the OHC).

- 4. Neutral zone at the police station in force since July 2023.
- 5. On November 28, 2023, S/D Mylène Trudeau and Officer Warren Robertson-Roy met with students from the Trois-Rivières police technology program to discuss policing and the different realities of Indigenous police forces.
- 6. On March 5, 2024, a child identification workshop was held for the community of Wôlinak. A total of 18 children were identified. Families were also able to have their child seats inspected by a police officer. Young and old alike were also able to take a closer look at the police vehicle for a tour. (In partnership with N8wkika Social Services of W8banaki)



#### DOMESTIC VIOLENCE

More than a year has passed since the police preventionist project was launched, and we can see the positive impact it has had. Here are some statistics, activities organized and training carried out in 2023-2024.

STATISTICS, ACTIVITIES ORGANIZED AND TRAINING CARRIED OUT IN 2023-2024	
Number of domestic violence related calls	30
Number of follow-ups carried out	20
Number of referrals to community organizations (victims and offenders)	14
Number of complaints withdrawn	0
Number of arrests/charges	8
Number of court appearances	0
Number of checks on compliance with conditions of release/number of communications with an offender	5
Number of training/feedback/coaching sessions with colleagues following domestic violence intervention	23
Number of prevention/awareness activities	10
Meetings with partners involved in domestic violence/training	19
Crisis unit set up	1

There were also a number of prevention and awareness activities, including:

- Two roadblocks (ONCVPI) in Odanak and Wôlinak:
- Presentations by a specialist at the Kiuna institution;
- Teddy bears were created for the children (handed out during interventions);
- A community dinner on the theme of domestic violence with special guests.

The CPDA's domestic violence resource and patrol officers also took part in various training sessions:

- Intimate partner homicide risk assessment;
- Sexual exploitation training;
- Training on lifting confidentiality (for all Odanak and Wôlinak care providers);
- Training on specialized domestic violence courts.

#### **CONCLUSION**

It is with passion and determination that the Abenaki Police Force is ready to face the various issues and challenges it will face in order to ensure the safety of the population throughout the coming year.

I am convinced that the commitment and professionalism of our personnel, the collaboration of our various partners and citizens, and the support of our elected officials will allow the Abenaki Police Force to fulfill its mission to maintain the security of the communities of Odanak and Wôlinak.



## HEALTH CENTRE



#### **HEALTH CENTRE**



JEAN VOLLANT
Director, Odanak
Health Centre

It is with great pride that I present the 2023-2024 annual report of the Odanak Health Centre (OHC). This past year has seen an increase in requests from families for the Jordan's Principle program and the management of psychosocial services offered.

Once again, I'm happy to report that we kept within our budget and even had a small surplus. This was made possible thanks to everyone's support and involvement. I would like to thank the Finance Department, which produces the monthly reports that are essential to our managers and the Abenakis of Odanak Council (AOC). Without these reports, managing a department's budget would be impossible.

We recognized and thanked employees who have worked for the health centre for 5 years or more at a recognition evening held last March.

Finally, I would like to express my gratitude to the many committees at the health centre who work tirelessly to implement the necessary tools so that our professionals can provide the best possible care to our clients.

They show incredible confidence in the work we do, and also in the future direction we need to take. This year, we had a number of vacant positions, and the support offered by Suzie O'Bomsawin, AOC Assistant Director, and Daniel G. Nolett, AOC Executive Director, made it much easier for us to recruit new resources.

#### INTRODUCTION

This annual report presents the activities of the Odanak Health Centre management for the period from April 1, 2023 to March 31, 2024.

#### **MISSION**

The role of the OHC is to contribute to improving the health and well-being of members of the Odanak community through health programs that focus on prevention and health promotion, and by favouring a respectful holistic approach, beliefs and cultural values emanating from the Abenaki Nation.

#### VISION

Contribute to the empowerment of community members in the management of their health by providing health services focused on prevention and the promotion of healthy habits and contribute to the improvement of the collective well-being.

#### PHILOSOPHY OF CARE

The philosophy of care advocated by all health workers at the Odanak Health Centre is biopsychosocial in nature, i.e. an approach that takes into account the needs of the individual as a whole (physical, emotional, mental, spiritual and social) in respect of their Abenaki culture values and beliefs.



### 2019-2024 OHC STRATEGIC PLAN

1st axis: Increase and maintain high quality care provided by the Odanak Health Centre

2<sup>nd</sup> axis: Promote the practice of healthy habits and activities

3<sup>rd</sup> axis: Promote the practice of healthy habits and activities

4th axis: Increase the sense of pride and belonging to the Odanak community

5th axis: Provide mental health services

### 2016-2021 COMMUNITY HEALTH PLAN

#### **OVERALL OBJECTIVE**

1	Promote the biopsychosocial development of all children and youth in the community.	7	Significantly increase the physical activity rate in the population of Odanak.
2	Provide appropriate health services in line with the specific needs of the Odanak population.	8	Increase to a ratio of one in two people adopting the elements of healthy diet according to Canada's Food Guide.
3	Increase the well-being of Odanak elders.	9	Provide more culturally appropriate interventions.
4	Promote the biopsychosocial development of all children and youth in the community.	10	Increase public awareness of the standards and criteria for a healthy home.
5	Decrease the rate of substance abuse in the community.	11	Increase the number of OHC clients/users so that 50% of the population has a user record.
6	Reduce the food insecurity index in the Odanak population.	12	Improve collaboration and internal/external communication in relation to the OHC's medical records department



### **2023-2024 ACTIVITIES**

I would like to take this opportunity to thank the Odanak Health Centre employees for all their efforts over the past year.

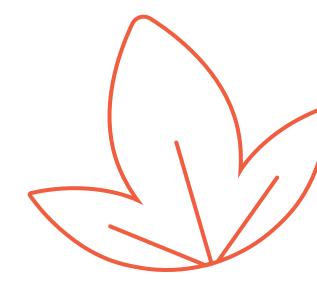
Over the past few months, we have been working on a number of projects, including:

- : 1. Community well-being study
  - O Updates to the community health plan Ongoing
- 2. OHC/archives expansion project Ongoing
- **3.** Acquisition of former BETO office / Kinesiology consultation room / training room project Completed
- 4. Reorganization of the health centre

#### 4.1 STAFFING 2023-2024

- Clinical coordinator: Yanna Girard (April 2024)
- Jordan's Principle Program Officer:
   Justine M'sadoques-Plourde (September 2024)
- Nurse clinician: **Gabrielle Dolan** (resignation of Élisabeth Fleury) (November 2024)
- Administrative assistant and archive support:
   Bianca Gill-Guilbeault
- Assistant cook: Jessica Ann Watso
- OHC disinfection attendant: Danielle Simoneau
- Medical transportation driver (2<sup>nd</sup> driver): Michel Lyonnais
- Hygiene and sanitation manager: Annie Lapierre
- IAssistant director of the health centre: Julie Durand
- Administrative assistant: Janice Cardin
- Social worker: Stacey Trépanier-Fequet (April 22, 2024)
- Collaborators:
  - O Michel Paul, Accreditation Coordinator
  - O Nathalie Nadeau, Odanak daycare centre
  - O **Élisabeth Morel**, Dental hygienist
  - O Marie-France David, Nutritionist
  - O Anik Siou, NIHB Psychologist
  - O Véronique St-Amour, NHIB Social worker

- 5. FNHSP room improvement project Completed
- 6. Updates to policies and procedures Ongoing
  - OHC quality improvement policy
  - O Suicide prevention strategy policy
  - O Appointment cancellation policy for OHC users
  - O Mental health policy / protocol
  - O Complaints policy (see with management)
  - O OHC Privacy and Disclosure Policy
  - O OHC user file management policy
  - O KCHAIAK eligibility policy
  - O Procedure to be finalized with the reception/ archives team
  - O Midwife collaboration agreement (OHC/CIUSSSMCQ)
  - O Collaboration agreement OHC/GMF St-Léonard (Pierreville satellite site)
- 7. Family support (Jordan's Principle)
- 8. Food security and Meals-on-Wheels service
- 9. Surveys to assess the quality of OHC services
  - Psychosocial component
  - O NIHB component
  - O Medical archives component
  - O Medical transportation (MT) component: March 2024



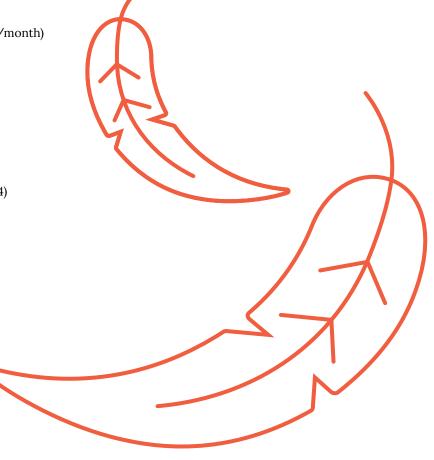
#### COMMITTEE / WORKING GROUP / ROUNDTABLE

HEALTH CENTRE TEAM	PSYCHOSOCIAL TEAM
Meals-on-wheels	Healthy lifestyle programs
Nursing care	Archivists team/MT/NIHB
Quality and Risk Management Committee - QRMC	Single record committee
Accreditation Canada steering committee	NOYAU steering committee
Discussion meeting on health and social services governance	Meeting for the Université de Sherbrooke rehabilitation project (Rosalie Dostie)
Community health program (CHP) meeting	

#### **OHC ADMINISTRATIVE FOLLOW-UP**

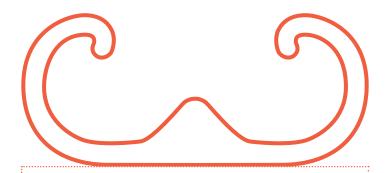
with Joli-Ann Brazeau

- Individual meetings with program managers (1X/month)
- Budget follow-up (1X/month)
- Monthly activities follow-up (1X/month)
- Follow-up of quarterly reports (1X/3 months)
- Follow-up on the 2019-2024 strategic plan
- 2022-2027 Strategic Plan
- Working committee follow-up (1X/month)
- OHC personnel evaluation period (February 2024)



#### PARTICIPATION ON THE BOARD OF DIRECTORS/ OTHER ROUNDTABLES / WORKING COMMITTEES

- FNQLHSSC Decision-making working group
- FNQLHSSC First Nations of Quebec health and social services governance process
- Network meetings Community and organizational managers and care workers
- FNQLHSSC FNIHB 2021-2022 Management Operational Plan (MOP)
- FNQLHSSC Community outreach coordinator
- CIUSSS MCQ OHC clinical mental health services – CIUSSS MCQ
- CAB Board meeting of the Centre d'action bénévole du Lac St-Pierre
- Roundtable on adult mental health and addiction of the RLS of Bécancour-Nicolet-Yamaska
- TIR SHV Regional intersectoral table on healthy liftyle habits (TIR SHV) of the Centre-du-Québec
- Indigenous health working group UQS/ Influential leadership sub-group
- Operational committee/Agreement between the FMG and the Odanak Health Centre
- NoYau Centre-du-Québec Steering Committee -Generating social impact (food security, community identity, active aging)
- · National Day of Truth and Reconciliation
- Accreditation Canada committee
- · CDC Nicolet-Yamaska
- FNIHB



### **2024-2025 CHALLENGES**

- 1. Updates to the OHC 2024-2029 strategic plan
- 2. Community health and well-being plan update
- 3. Health centre expansion project
- **4.** Maintain Accreditation Canada results; visit in May 2025
- **5.** Continuity of psychosocial services for the public
- 6. Review OHC work organization
- 7. Maintain a spirit of partnership with external organizations such as the CIUSSSMCQ, FNQLHSSC, FNCFS, Wôlinak Health Centre, etc.
- **8.** Collaboration agreement between the Odanak Health Centre and the Pierreville (Family medicine group) FMG
- **9.** Partner of the shelter for Indigenous women and children fleeing violence
- 10. Updates to the strategic plan
- 11. Emergency measures plan update
- **12.** Research project on improving services for children aged 0-12 in partnership with Université de Sherbrooke



#### **MICHEL PAUL**

Accreditation coordinator (contract)

### **WORD FROM THE ACCREDITATION COORDINATOR**

Renewal of accreditation status for the Odanak Health Centre (OHC)

Kwei to all,

The process of renewing the OHC's Accreditation with Commendation status following the last visit held by Accreditation Canada in June 2021 continues to progress according to the current work plan. We would like to remind you that our next visit is scheduled for May 2025.

In the meantime, a number of activities have taken place over the past few months, including a self-assessment exercise using the standards and criteria contained in our evaluation manual. Each of the accreditation teams set up for this purpose has completed this important step in the process associated with the renewal of our accreditation status. In the table below, we are pleased to present a brief overview of the compliance results achieved by each team:

We are very proud of these current compliance results for each of our priority processes. It is important to emphasize that these results are the fruit of the efforts made over the past few years by all members of the OHC team, the Quality and Risk Management Committee (QRMC), OHC management and OHC executive management, in a shared commitment to continuously improve the quality and safety of health and wellness services offered to members of the community.

Several avenues for continuous improvement in service quality and safety were identified following this evaluation audit by each of the accreditation teams. Other data are expected shortly, including those from the various satisfaction surveys on the quality of services offered to customers and those to be carried out with staff on quality of life and safety in the workplace. Once these results have been obtained and analyzed, we plan to draw up and implement a continuous quality and safety improvement plan for our next visit.

In closing, I urge you to be cautious about the resurgence of infections associated not only with Covid variants, but also with influenza and respiratory syncytial virus (RSV). Various preventive measures can be taken to minimize the risk of infection, and we invite you to contact the nursing staff at the OHC.

Currer	L QMEMTUM PROGRAM at level of compliance with standards atteria by priority process	% COMPLIANCE ACHIEVED
	Medication management	99%
CESS	Infection prevention and control	97%
PRIORITY PROCESS	Health and well-being of First Nations communities	97%
PRIO	Leadership	100%
	Service excellence	97%

#### **PAULE LEIBY**

#### LYNE MAILHOT

#### BIANCA GILL-GUILBEAULT

#### SANDRINE CARDIN

Medical archivist and MT coordinator

Sector: Reception-Archive Service/ NIHB/MT

### INTRODUCTION

This annual report outlines the activities of the medical records (366), medical transportation (340), NIHB program/health liaison officer (330), physician support (320).

# ACTIVITIES CARRIED OUT PER SECTOR

#### **ARCHIVES SECTOR:**

- Create files at the request of professionals;
- Analyze the notes recorded by OHC and N8wkika professionals in the users' electronic medical record (Ofys EMR);
- · Create or update forms;
- Make appointments for clients (OHC physician, IPS, other clinic);
- Respond to access requests;
- Assisting professionals with Ofys (software pilot);
- Restrict access to user files to active professionals only;
- Provide training: OHC and Ofys EMR policies and procedures, as well as Quebec health record (QHR).

#### **FNIHB SECTOR:**

- Routing claims for dental, vision care, counseling, orthodontic care, medication, medical and psychosocial supplies;
- Build trust with NIHB suppliers;
- Meet customers at my office and inform them about the NIHB program;
- Improve links with NIHB colleagues;
- · Address litigation claims.

#### MT SECTOR:

- Respond to customer transportation requests:
  - O By MT vehicle;
  - O With contract driver;
  - O By the CAB;
  - O Taxis (Sorel or Nicolet);
  - O Ambulance;
  - O Private vehicle.
- Produce monthly statistics;
- Keep activity reports up to date (MT) and send them to FNIHB;
- Issue reimbursements for the monthly IPS (psychologist, physician, social worker);
- Send ISP annual statistical report to the NIHB;
- Training to replace MT coordinator.

#### **ALL SECTORS COMBINED:**

Maintain a communications log (respond to NIHB, archives and MT requests).

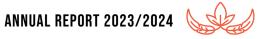




TRAINING COURSES ATTENDED		DATES	PRESENTED BY	
	AGISQ advanced training	May 25, 2023 November 24, 2023	AGISQ	
	Intermediate Excel training	June 1, 2023 June 8, 2023	CAO	
	Confidentiality waiver training	August 29, 2023	Attorney Audrey Turmel	
	Formation Facebook	September 11, 2023	Joanie Rancourt	
	Outlook training, Teams SharePoint - Norming	September 19, 2023 September 26, 2023 February 20, 2024	AOC	
TRAINING/WEBINAR	OFYS training – policies procedures	February 8, 2024 February 15, 2024 March 20, 2024	Véronique St-Amour Lyne Mailhot	
	MT training	February 13, 2024 March 5, 2024 March 13, 2024	Bianca Gill-Guilbeault	
	NIHB training	November 27, 2023 January 15, 2024 January 24, 2024 February 7, 2024 February 13, 2024 February 20, 2024	Lyne Mailhot	
	Digitization training	March 21, 2024	Lyne Mailhot Bianca Gill Guilbeault	
	Red Cross training	March 26, 2024	Lyne Mailhot	
	NIHB Training - Orthodontics	March 28, 2024	Annie Lafontaine	



MEETINGS / COMMITTEES		DATES	PRESENTED BY	
		April 4, 2023 (guidelines annual report)		
		April 18, 2023 June 20, 2023		
	QRMC	July 11, 2023 (special meeting)	Andréanne Gouin and Paule Leiby	
		October 19, 2023		
		December 7, 2023		
		February 8, 2024		
		March 12, 2024		
TRAINING/WEBINAR	PowerPoint presentation for Kiuna students (what does an archivist do?)	April 21, 2023	Andréanne Gouin and Paule Leiby	
/9III	Single record management committee	April 25, 2023		
TRAII		June 27, 2023		
		November 15, 2023	Andréanne Gouin and Paule Leiby	
		December 12, 2023		
		February 22, 2024		
	Consent meeting NLP-Hypnosis	May 4, 2023	Andréanne Gouin and Paule Leiby	
		July 5, 2023	André Gill, Yanna Girard	
	Meeting with management and psychosocial clinical coordinator	May 4, 2023	Jean Vollant and Yanna Girard	
	Policy update meeting	May 4, 2023 June 16, 2023 and July 12, 2023	Christina B. Racine (fall policy)  Yanna Girard (policy on aggressive individuals at the OHC)	



MEETINGS / COMMITTEES		DATES	PRESENTED BY
TRAINING/WEBINAR	Archivists' meeting with management	May 5, 2023 May 9, 2023 July 6, 2023 July 19, 2023 (Paule) August 16, 2023 (Andréanne) August 17, 2023 (RSIPA) August 23, 2023 (Paule) August 24, 2023 August 30, 2023 August 31, 2023 September 25, 2023 October 26, 2023 October 30, 2023 November 15, 2023 November 15, 2023 November 21, 2023 November 30, 2023 December 4, 2023 January 18, 2024 January 29, 2024 February 1, 2024 February 21, 2024 (RSIPA) February 22, 2024 March 3, 2024	Jean Vollant and Yanna Girard
	Reception team meeting archives	March 13, 2024  October 2, 2023  November 7, 2023  February 12, 2024  February 12, 2024  March 19, 2024  March 27, 2024	Archives reception team Nurses Julie Durand



MEETINGS / COMMITTEES		DATES	PRESENTED BY	
	MT meeting with ISC	May 11, 2023 (SCTRM)  June 14, 2023 (tracking requests) and AOC resolution  September 5, 2023  September 12, 2023  September 27, 2023  October 2, 2023	Yannick Laberge ISC visit Move Mobilité	
TRAINING/WEBINAR	OHC team meeting	May 17, 2023 June 29, 2023 September 26, 2023 October 25, 2023 November 29, 2023 January 23, 2024 January 24, 2024	Jean Vollant Geneviève Veilleux (office)	
VINING,	OFYS meeting	August 31, 2023	Benjamin Taillefer OFYS	
TR/	Social worker service offer meeting	June 12, 2023	Jean Vollant	
	Meeting with Élisabeth Morel for the PSI	June 12, 2023	Paule Leiby	
	Meeting with Dr. Shooner (Pierreville Coop)	June 14, 2023 November 23, 2023	Jean Vollant and Dr Shooner	
	Meeting of CIUSSS MCQ representatives	September 14, 2023	CIUSSSMCQ Jean Vollant	
	Accreditation steering committee	June 20, 2023 September 29, 2023 December 7, 2023 January 31, 2024	Michel Paul	

MEETINGS / COMMITTEES		DATES	PRESENTED BY
	Community health and well-being meeting	June 6, 2023	Michel Paul
TRAINING/WEBINAR	Meeting with responders	June 13, 2023 August 8, 2023 August 10, 2023 August 15, 2023	Andréanne Gouin, Paule Leiby, Yanna Girard and Daphnée Couture Yanna Girard and Bianca Gill OHC nurses Andréanne Gouin
	Meeting with police officers	July 5, 2023	Andréanne Gouin and Paule Leiby

#### **SUMMARY OF COMPLETED EVENTS**

- Meeting structures to be improved;
- Seemingly more effective collaboration between different sectors.

#### **CHALLENGES MET**

- · Schedule management;
- Continue NIHB program services and MT for the population;
- Continuity of management committees (single record and QRMC).

#### **CHALLENGES FACED**

- Often the same professionals attend the meetings;
- Difficulties in reorganizing the reception/archives/ MT/NIHB team;
- Reorganization of the reception/archives/MT/NIHB team
   staff shortages.

#### CHALLENGES FOR THE NEXT ANNUAL REPORT

- Better structure at meetings;
- Establish a better distribution of meeting tasks;
- Creation of a common meeting and training schedule for each member of the reception/archives/MT/NIHB team;
- Strengthen our team by having the right people in the right positions.



	REGISTER	R OF COMMUNICATIONS FOR MT/NIHB			
AND MEDICAL ARCHIVES		MEN	WOMEN	TOTAL	
	SN	Calls	317	786	1,103
	PES OF COMMUNICATIONS	In-person requests	254	326	580
	MONI	By e-mail (text message)	145	864	1,009
	F CON	By fax	15	67	82
	PES 0	By Zoom	66	115	181

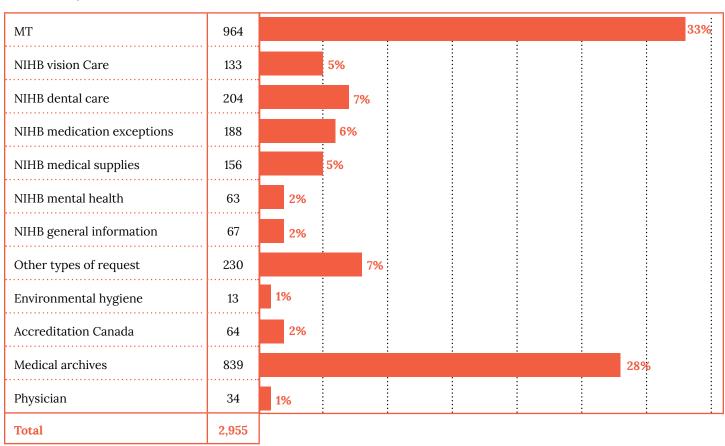
**797** 

2,158

2,955

#### TYPE OF REQUESTS

**Total** 



#### ANNUAL STATISTICS - RECEPTION AND ARCHIVES

		COMPLETION / ANALYSIS SHEET		FILES OPENED	CREATION OF FORMS	APPOINTMENTS	
		CSO	N8WKIKA	LITES OLEVED	GREATION OF FURMS	AFFUINTIVIENTS	
TO <sup>*</sup>	TAL	118	7	111	16	167	

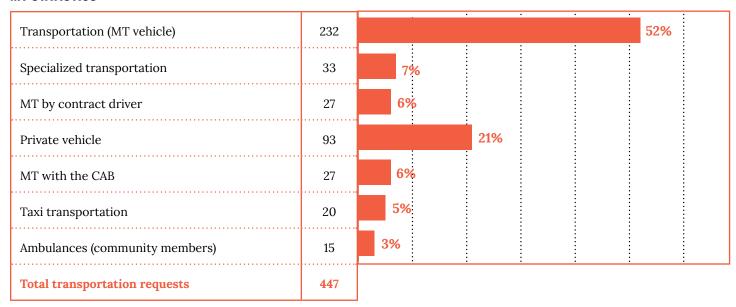
#### **ACCESS REQUESTS**

We processed 21 access requests this year.

#### **QUALITY AND RISK MANAGEMENT COMMITTEE (QRMC)**

We processed 23 event reports at meetings during 2023-2024, 7 of which were inadmissible by the QRMC. These were therefore transferred to Human Resources and the OHC).

#### MT STATISTICS



#### MT PER SPECIALITY

	General Medicine	20%	Cardiology	5%
ES.	Psychology	15%	Surgery	5%
SPECIALITIES	Radiology	13%	Orthopedics	6%
SPE	Oncology	13%	Physiotherapy	5%
	Ophthalmology	13%	Nursing	5%



#### YANNA GIRARD

Sector: Psychosocial

### INTRODUCTION

The clinical coordinator is responsible for planning, facilitating clinical meetings and developing and coordinating programs. What's more, we make sure that the services we provide to the population are in line with the needs of all our users. To this end, the health centre now offers a reception, assessment and referral service, so that needs can be clearly identified and then directed to the appropriate resources. Since the launch of this service, we've seen an upsurge in requests for psychosocial services. The lack of resources is becoming an inescapable issue for the exercise of requests, which is hindering care at the professional level. Prevention remains a priority, and we will use education as a form of reference, based on basic, global, preventive and community principles. The psychosocial team's mandate is to provide follow-up, support, guidance and consultation in order to offer culturally adapted services to members of the community.

AEO EVALUATION		MEETINGS			
		MEN	WOMEN		
	January 2024 (7 AEO)	1 (18-35 years of age) 1 (40-55 years of age) 1 (60-80 years of age)	1 (35-55 years of age) 2 (40-55 years of age)		
<u> </u>	February 2024 (3 AEO)	1 (40-55 years of age)	1 (16-30 years of age) 2 (40-55 years of age)		
MONTH	March (7 AEO)	1 (18-35 years of age) 2 (35-55 years of age) 1 (55-75 years of age)	1 (60-80 years of age) 1 (18-35 years of age)		
	April (8 AEO)	1 (20-35 years of age)	3 (18-35 years of age) 3 (40-55 years of age) 1 (55-70 years of age)		

#### TRAINING COURSES ATTENDED

TRAINING/WEBINAR	PRESENTED BY
Note-writing training	FNQLHSSC
Conference by Ingrid Falaise (domestic violence)	Odanak Health Centre

MEETI	NGS / COMMITTEES	PRESENTED BY
	QRMC committee	Archivist
	Single record committee	Archivist
	CPDA committee	Mylène Trudeau / Warren Robertson
H	Wigodi committee	W8banaki
MEETINGS AND/OR COMMITTE	Jordan's Principle committee	Justine M'Sadoques
ND/0R	N8wkika meeting	Zoé Plourde
INGS A	CSVC	Carrefour sécurité en violence conjugale
MEET	Meeting to draft agreement with CPDA	Odanak Health Centre
	Accreditation Canada Committee	Michel Paul
	Meeting with the psychosocial team	Yanna Girard
	Regional round table on addiction	CIUSSS MCQ

#### SUMMARY OF COMPLETED EVENTS

- 24 evaluations:
- 1 conference;
- Addition of a new social worker to the team;
- Meeting with the CIUSSS MCQ to draw up an agreement;
- · Continuing education;
- Use of the OHC Facebook page to share psychosocial and prevention information.

#### **CHALLENGES MET**

- No waiting for care in our psychosocial services;
- Addition of a social worker with mental health experience to the psychosocial team;
- Sharing of information about our services and/or activities on the OHC Facebook page.

#### **CHALLENGES FACED**

- NIHB program constraints that prevent us from updating certain requests;
- Lack of specialized resources;
- Lack of collaboration / service paths with other partners.

#### CHALLENGES FOR THE NEXT ANNUAL REPORT

- Collaboration agreement with the CIUSSS MCQ psychosocial and elder care components;
- Psychosocial prevention/awareness-raising;
- Complexity of files / lack of specialized resources;
- Thematic activities (violence, addiction, well-being, etc.);
- Collaboration with other partners.



#### **ANDRÉ GILL**

Addictions counsellor Sector: Psychosocial

### INTRODUCTION

Assisting individuals in addiction and mental health situations is of crucial importance to our community.

Certain individuals, often facing complex and multidimensional challenges, require holistic support that goes beyond traditional care approaches. By providing appropriate support, we not only offer them a chance of rehabilitation, but also help to break down the stigma associated with these conditions. This commitment fosters a better quality of life, strengthens the social fabric and promotes greater tolerance of vulnerable individuals.

Officially recognized by the AOC for over a year now, alternative approaches such as neuro-linguistic programming (NLP) and hypnosis in intervention are taking on even greater importance now, as they offer a number of interesting advantages.

#### TOOLS FOR LIVING.

- By integrating NLP into intervention, this
  offers more personalized and effective
  solutions to help individuals overcome
  their challenges and improve their
  overall well-being.
- NLP helps to understand and improve communication patterns in order to better understand how I communicate with myself (internal dialogue) and with others.
- NLP helps to regulate emotions. It can be useful for identifying and reprogramming negative emotional responses.
- NLP helps to clarify and define goals, making the recovery process more structured and oriented towards positive results.
- By working on beliefs, NLP helps to reconfigure harmful behaviours and develop new habits.
- Building self-esteem. By modifying negative thoughts and beliefs about oneself, NLP can help boost self-esteem and self-confidence, a crucial aspect of recovery.
- Empowerment. NLP provides individuals with concrete tools to take more control over their thoughts and behaviours, thus promoting greater autonomy in the healing process.

- Relaxation and visualization techniques.
   Techniques such as anchoring and positive visualization can be used to reduce stress.
- NLP and hypnosis can be an effective combination for discovering an individual's inner resources.

In short, NLP and hypnosis are alternative approaches that offer many solution-oriented advantages. The aim is to offer tools adapted to each individual.



#### **ACTIVITIES COMPLETED BY THE SECTOR**

TRAINING/WEBINAR IN 2023-2024	PRESENTED BY
Continuing education NLP/Hypnosis mental health 60h/year	Psychonaute platform
Neuroscience (reprogramming)	Anik Lapratte (in progress)
Writing notes for record-keeping	FNQLHSSC (Alexandra Gilbert)
Training to become a certified applied neuroscience practitioner	Dr. Mario Beauregard (Coaching-Québec)
Mindfulness meditation/21 weeks	Christophe André (psychiatrist and therapist)

MEETING	GS / COMMITTEES	PRESENTED BY	
	Three (3) working meetings	OHC psychosocial and management	
	Eleven (11) working meetings	Clinical coordinator (psychosocial)	
	Four (4) meetings of the Wapan Board of Directors	La Tuque, Essipit and online	
MEETINGS AND/OR COMMIT	Five (5) additional Wapan meetings	Support for clinical coordinator (temporary) at Wapan	
ND/ON	Twenty-two (22) Wapan meetings	Wapan Executive Board of Directors	
INGS 1	One (1) meeting for the cultural sector	Cultural agent	
MEET	Two (2) meetings	Probation officer	
	Seven (7) meetings for the comic trilogy project	Project not completed	
	Fifteen (15) clinical case discussions	Clinical coordinator, psychosocial sector	



SUMMARY OF COMPLETED EVENTS – Addiction and Mental Health 2023-2024	NUMBER	APPOINTMENTS Cancelled
Men (between the ages of 16 and 58)	99	17
Women (between the ages of 28 and 67)	124	18

Note: There are many reasons for cancelling an appointment (medical appointments, scheduling conflicts, illness, work accident, an oversight or loss of motivation).

#### **CHALLENGES MET**

- Writing three articles for Mental Health Awareness Week 2024;
- Ongoing research in the field of addiction and mental health is necessary to develop new treatment methods and improve existing practices;
- Being up-to-date requires a level of involvement that goes beyond normal working hours, and that calls for greater flexibility in personal involvement;
- Readings, training, conferences, webinars, culture in short, a holistic approach is not optional to develop skills and meet the growing needs of the population.

#### CHALLENGES FACED

The aftermath of the pandemic is still having an impact on mental health today. In addition to changing the way psychosocial services are accessed, the number of requests in 2023-2024 increased significantly compared to previous years.

The complexity of co-morbid disorders is very real. Care requires an integrated, coordinated approach between different services. To better respond to needs, family and community support becomes a prime asset.

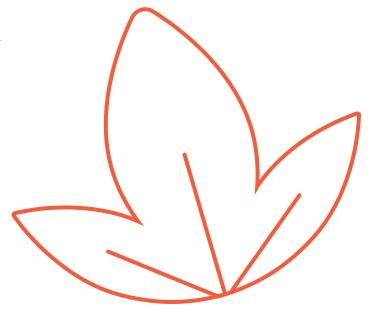
Each person is unique, and particular attention must be paid to real needs (addiction, stress, anxiety, depression, bereavement, illness, etc.) so that each individual who requests a service has the opportunity to be properly oriented and supported by an intervention plan aimed at autonomy.

#### **CHALLENGES AHEAD**

#### **Prevention stories**

In collaboration with an illustrator, the health centre would like to create small illustrated booklets and/or mini-CDs of prevention stories for the addictions and mental health sector, by age group.

Several other story topics could be developed, such as emotions, risk behaviours, bullying, anxiety disorders, diet, screen time, social networks, risk factors, cannabis use and studies, etc.



#### **ANIK SIOUI**

Psychologist

Sectors: Psychology, psychosocial services

In May 2023, we successfully renewed the letter agreement between Indigenous Services Canada, the community of Odanak and myself for a seventh consecutive year. The agreement continues to give priority to hybrid work, i.e. a combination of community visits and telepsychology. As a result, I am authorized to make one or two visits to Odanak per month, lasting three to five days, in response to requests for help that have continued to grow in recent years. During the other weeks, sessions continue to take place in the form of telepsychology, or by telephone in certain cases. For those who wish to have access to a quiet and confidential place, or for those who don't have a computer at home, the OHC continues to make a tablet available in my office to facilitate remote meetings whenever possible.

We are proud to offer a culturally rooted psychotherapy service to the Odanak population, including individual and family psychotherapy for adolescents aged 14 and over, adults and elders, as well as referrals to other resources when required. Due to criteria related to the ISC program, psychotherapy is offered exclusively to Odanak members with Indian status, whether or not they live in the community.

Here are the most common issues I've dealt with over the past year: anxiety disorders and stress/anxiety, depression, self-esteem difficulties, bereavement, simple or complex trauma, love or relationship difficulties, family difficulties, work difficulties and difficulties adapting to a chronic illness. People from 14 to over 90 years of age have consulted with me. A total of 789 psychotherapy sessions were offered (including 233 face-to-face sessions). This represents an increase of 82 sessions over the previous year.



FOLLOW-UP STATISTICS		NUMBER OF SESSIONS (TELEPSYCHOTHERAPY)	NUMBER OF SESSIONS (FACE-TO-FACE)	TOTAL NUMBER Of Sessions
	April 2023	58	16	74
	May 2023	74	18	92
	June 2023	55	22	77
	July 2023	24	14	38
	August 2023	31	24	55
	September 2023	46	17	63
MONTH	October 2023	52	20	72
_	November 2023	31	19	50
	December 2023	42	17	59
	January 2024	54	23	77
	February 2024	66	20	86
	March 2024	23	23	46
	Total	556	233	789

I would like to acknowledge the courage, humility and commitment of each and every person who has called on my services over the past year. It is a big and important step to ask for help. I am honoured to accompany you on part of your life's journey. Each of you has taught me something important and unique, and I am deeply touched by the trust you have placed in me. I would also like to thank my colleagues - we are a great team, committed, available, versatile, attentive and with a big heart. It's a pleasure to work with you.

I wish everyone the very best of the summer season, filled with sunshine, moments of happiness, humour, connection and complicity! Suffering is often invisible and silent, so let's continue to be attentive to our loved ones and those we may know less or not at all: offering a smile, an attentive ear or a hand on the shoulder can often make all the difference. Also, please don't hesitate to refer your loved ones to our services.

Wliwni, Tiawenhk, Mik8etc!



#### DAPHNÉE COUTURE

Nurse clinician

Sector: Nursing care manager

Dear Community members,

We are delighted to present our annual report on community health care and its various components. Our primary objective is to provide accessible, quality health care. It is therefore essential to recognize the importance of this aspect by highlighting the many achievements that took place between April 1, 2023 and March 31, 2024.

As in previous years, we worked closely with various health centre personnel, external partners, local organizations and members of the Odanak community. Their contribution was essential in achieving this goal. We would like to take this opportunity to thank them sincerely.

I would also like to express my gratitude to the nursing team for their commitment to constantly improving the quality of nursing care in the community. Their work has a significant impact and deserves to be recognized.

On behalf of the nursing team, many thanks for your support, your confidence and your involvement.

Sincerely,

#### **ISABELLE DUPUIS**

Nurse clinician

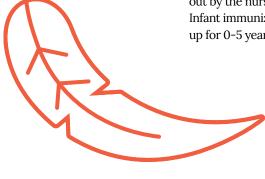
Sector: Maternal child health

### MATERNAL CHILD HEALTH

The main objective of the Maternal Child Health (MCH) program is to increase the sense of belonging to the community and foster the biopsychosocial development of all children and youth in the community.

As part of the MCH program, an individualized prenatal check-up is offered to each mother-to-be. Pre- and post-natal follow-up is provided for both mother and newborn. Follow-up visits following discharge from hospital are carried out by the nurse in charge of the MCH program. Infant immunization and developmental follow-up for 0-5 year olds are also offered at the OHC.

For eligible clients, the OLO (egg, milk, orange) program is offered. The objective of this program is to provide prenatal support to socio-economically disadvantaged Abenaki women (or spouses of an Abenaki) in order to reduce the effects of poverty on the health of mother and fetus. Joint follow-up with the nutritionist and a N8wkika health worker is offered throughout the pregnancy and postnatal period. A subsidy for the purchase of cloth diapers for children under 2 years of age is offered to member residents of the community.



#### **SUMMARY OF COMPLETED EVENTS**

- A presentation at the Maison de Famille de Pierreville on vaccinations for 0-5 year olds and childhood diseases took place on April 26, 2023.
- A lice screening morning was held at the Aw8ssisak daycare centre on October 18, 2023. No cases were detected.
- The Christmas party activity, in collaboration with Angélie Lafontaine, Virginie Descôteaux, Marie-Pier Desnoyer and Jessica Papineau, took place at the community hall on November 17. Children from the daycare centre and the community were invited to attend.
- Two evenings of prenatal classes were held on January 20 and 28, 2024. A total of six mothers and their spouses attended. In collaboration with midwife Guylaine Labbé and kinesiologist Jessica Papineau, topics covered included labour and delivery, birth preparation, pain management and prenatal exercises.
- The purchase of a bilirubinometer now makes it possible to check bilirubin levels in newborn babies on discharge from hospital.
- A collaboration agreement was signed with the Maison des Naissances de la Rivière. A midwife now provides follow-up care at the OHC on Friday mornings.
   Expectant women appreciate this local service.
- The creation of a basket for the community's newborns was initiated. Community elders participated by making a basket from ash and sweetgrass, as well as tuques, mittens, slippers and comforters.
- The MCH nurse enrolled in the DESS program in advanced interdisciplinary approach to breastfeeding for health professionals. This will enable breastfeeding mothers in the community to obtain breastfeeding support.

#### **STATISTICS**

PERINATAL CARE AND IMMUNIZATIONS	ANNUAL 2023-2024
Number of consultations 0-6 years old	115
Number of births	7
Number of newborn visits	7
Number of expectant women newly met	6
Number of expectant women met	12
Number of development follow-ups 0-5 years old	23
Number of children vaccinated (2-24 months)	21
Number of children vaccinated (4-6 years) pre-school	≤5

#### **CHALLENGES FACED**

There have been developments in training for the ABCdaire 18 months +. In this regard, a collaboration with CIUSSS MCQ was established. However, since we don't have a CIUSSS e-mail address, we don't have access to the training. We are still waiting for developments in this area, and have been since October 2024. We still have the issue of 18-month-olds being out of service, since we can't offer the service in our community during the 18-month vaccination.





#### **GABRIELLE DOLAN**

Nurse clinician

Sector: Prevention and health promotion component

# NURSING CARE: COMMUNITY COMPONENT (PREVENTION AND PROMOTION)

#### FIGHT AGAINST CANCER AND TOBACCO USE

For a final year, the OHC was fortunate to receive funding from the FNQLHSSC for a community program aimed at fighting cancer. The aim of this program was to prevent cancer by promoting healthy lifestyle habits, with a view to improving the quality of life of Odanak members. The program has several components: lung cancer prevention, skin cancer prevention, promotion of healthy eating habits and promotion of physical activity to prevent cancer. For 2023–2024, we have focused on lung and skin cancer prevention.

In terms of *lung cancer prevention*, smoking cessation training has been provided to help individuals quit smoking. It is therefore possible to obtain individual consultations at your own pace, directly at the health centre. This training also led to the organization of a smoking cessation challenge (*Smoke-free Community*) in winter 2024, which is sure to be repeated every year. Participants who completed the challenge were awarded prizes. Complementary training in lung cancer prevention has enabled us to be autonomous in referring patients eligible for lung cancer screening to diagnostic tests (low-dose CAT scans).

Sporadic publications on the benefits of smoking cessation were also posted on the OHC Facebook page. Future lung cancer prevention activities will be pursued within the framework of the tobacco control program, given the end of funding for the cancer prevention program. In the coming year, we will focus, among other things, on raising awareness of the risks associated with smoking and demystifying certain beliefs about vaping among youth.

In the area of skin cancer prevention, we continued to maintain and refill sunscreen dispensers at locations recommended by the public. This ensures that everyone has access to sun protection at all times. In the same vein, a sign indicating the rules to follow to protect your skin will be reinstalled at the community pool.

Finally, steps will be taken with the FNQLHSSC to verify the possibility of new funding for the fight against cancer in the coming years.



#### **IMMUNIZATION**

Also for a final year, the OHC was granted funding from the FNQLHSSC for a community program aimed at immunization against infectious diseases. The aim of this program was to prevent vaccine-preventable diseases and inform the population about the vaccines recommended by the Quebec immunization program. Immunization training enabled individual meetings to determine the optimal vaccination status for patients, based on their age, known illnesses and lifestyle.

As part of this program, several vaccination clinics were set up for volunteer patients at the health centre. In collaboration with the NIHB and the community pharmacy, patients aged 60 and over who are members of the community can now receive the shingles vaccine free of charge. This information has been posted several times on the OHC Facebook page.

As part of this program, we updated measles vaccination for patients who had not received the optimal doses of vaccine. This prevention contributed to better control of the measles outbreak in Quebec during the year (confirmed cases in Odanak: 0).

Despite the end of funding for this program, personalized consultations to update ideal immunization status and vaccination clinics may be continued via the nursing program in the coming year.

### MARIE-NOËL Mayrand

Nurse clinician

Sectors: Chronic diseases and diabetes prevention

### **DIABETES AND CHRONIC DISEASES**

The objective of the program is to carry out prevention and awareness activities related to healthy lifestyle habits and diabetes, as well as the development of a systematic follow-up and monitoring protocol (at the health centre and at home) for patients with chronic illnesses (diabetes and cardiovascular disease in particular).

To keep our practice up to date and offer quality care and follow-up, we have attended various training courses. Here is the list of training courses completed over the past year:

- Hypertension: nursing's contribution to prevention and treatment
- Gestational diabetes training
- Measles: understanding for better detection This year, certain collaborations continued, such as the healthy snack initiative at the first grade Halloween party, in collaboration with the Étincelles program. Other collaborations were also initiated.

Thanks to a collaboration with kinesiologists, informative capsules on healthy lifestyle habits and physical activity were published on social networks. This year also saw the addition of the Défi des 3 sœurs (intergenerational walking/running challenge) to the program's activities. Participation prizes were awarded.

In 2023-2024, less than 5 new cases of diabetes were diagnosed in the community and 134 diabetes-related follow-ups were carried out, representing an increase of nearly 45% in patient follow-ups for better management.

For 2024-2025, health promotion/disease prevention activities are to be planned in collaboration with the various OHC health workers. Announcements will be made via social media and the mail. The publication of educational capsules will continue, as will the return of the Défi des 3 sœurs.



#### MARCELLE HANNIS

Nurse clinician

Sectors: Elder care and infection prevention and control

### INFECTION PREVENTION AND CONTROL

The Infection Prevention and Control (IPC) program is recognized as an effective means of reducing the risk of infection in the provision of care and services. In general, the IPC program aims to protect patients from infection during an episode of care, as well as protecting staff, visitors, volunteers and informal caregivers.

Three objectives are more specifically targeted:

### 1. Maintain IPC best practices with employees

- Annual update on hand-washing, respiratory etiquette and use and disposal of personal protective equipment (PPE);
- Fit-Test training/updating with N95 masks (every 2 years);
- Annual preventive maintenance of medical equipment with Prévimed to ensure accurate calibration of our equipment.

## 2. Raise awareness among the Odanak population on the importance of best practices in IPC

- Information shared on the OHC
   Facebook page about the importance of hand washing;
- Annual 3-day influenza immunization activity to reach a maximum number of clients;
- Deployment of a survey among the population to assess their level of appreciation of IPC during the influenza vaccination clinic;
- MAPAQ training organized on May 6 by the person in charge of the hygiene and sanitation program, and attended by 10 public establishment employees from the community.

### 3. Maintain up-to-date knowledge of IPC (training, updates)

 Training on the transportation of dangerous goods - ground segment, in collaboration with CIUSSS MCQ, to ensure proper transport of samples.

#### ANNUAL VACCINATION CAMPAIGN

	2021-2022	2022-2023	2023-2024
Influenza	117	104	114
Covid-19 booster		178	92
Covid-19 booster	-	(June: 81, October: 97)	92



#### **CHALLENGES FACED**

Infection prevention and control are crucial to ensuring the safety and well-being of patients in all healthcare establishments. To reinforce these essential measures, several collaborative agreements with the CIUSSS MCQ are still to come. These collaborations are essential for implementing optimized and harmonized prevention protocols and practices across our various facilities and services.

These collaborative arrangements with the CIUSSS MCQ are also essential to meeting the requirements of the Accreditation Canada process. Accreditation, which is an official recognition of the quality of care and services, requires healthcare facilities to demonstrate rigorous adherence to infection prevention and control standards. Thus, collaborative efforts with the CIUSSS MCQ will not only ensure a safer environment for patients, but also meet the rigorous criteria of this certification.

The commitment to infection prevention and control supported by these collaborative agreements reflects our determination to provide the highest quality care and protect the health of all our beneficiaries.

#### CHALLENGES FOR THE COMING FISCAL YEAR:

Provide more information to the public on infection prevention, current viruses and other relevant topics via our Facebook page and the Pilskaw newspaper.

### **HOME CARE AND ROUTINE CARE**

The main objective of the nursing care sector is to offer health services adapted to the specific needs of the Odanak population. Several activities and services have been set up to meet the needs of the population. In connection with general nursing care, a service corridor has been established with the CIUSSS MCQ stomal therapy team, enabling optimal management of patients with more complex wound care needs. This collaboration between the organizations enables us to offer quality care with expert advice to patients directly at the OHC, thus protecting cultural security by providing health services adapted to the specific needs of the Odanak population.

In addition, thanks to multidisciplinary collaboration, we were fortunate this year to be able to work on the development of 15 collective prescriptions at the OHC, based on the needs of the community. Of these 15 prescriptions, 8 are currently in effect and 7 are awaiting final transcription by the team of archivists and official signatures. This professional development will be highly beneficial to the OHC, since these collective prescriptions will enable us to broaden our field of expertise by promoting better autonomous patient management by nurses.

For the coming year, our goal will be to continue offering quality, adapted health services, and to forge links with other organizations in order to contribute to a healthier community.

#### SERVICES PROVIDED

- Annual vaccination;
- Multidisciplinary palliative care services;
- Assess the needs and safely adapt the living environment of homecare clients;
- Optimization of home care and nursing services (blood sampling, foot care, nursing care);
- Access to a specialized patrician nurse and a physician at the OHC.



#### **CHALLENGES FACED: HOME CARE**

Given the current context, homecare clients represent an aging clientele whose needs are increasing significantly. With their growing desire to remain at home for as long as possible, the demand for homecare services is constantly increasing. However, this increase in needs highlights a critical shortage of volunteers to provide assistance and support. In addition, there is a lack of suitable transportation for community outings, limiting opportunities for socialization and community involvement for elders.

Healthcare professionals and homecare services must therefore adapt and respond to these growing needs by providing quality, adapted and personalized care. The care of this aging clientele requires special attention and a multidisciplinary approach to ensure their well-being and autonomy.

#### CHALLENGES FOR THE COMING FISCAL YEAR

- Greater promotion to support caregivers in our community;
- Celebrate International Seniors Day on October 1 in collaboration with community organizations.

#### ANNUAL STATISTICS

Personal assistance (meals, housework, hygiene assistance) and nursing services offered at home

NURSING CARE CONSULTATIONS		NUMBER OF CONSULTATIONS		
		2021-2022	2022-2023	2023-2024
	Odanak Health Centre	728	1,192	1,055
SNOI	Home care	521	542	519
CONSULTATIONS	Telephone	281	432	478
CON	Specialized nurse practitioner - Front line	-	134	124
	Physician	-	181	123

	2021-2022	2022-2023	2023-2024
Number of home visits per month	38	38 clients	36 clients
Number of hours of service provided/annually	5,226	5,230 hours	5,233 hours



#### ÉLISABETH MOREL

Dental hygienist

### **COMMUNITY ORAL HEALTH SERVICES PROGRAM**

To begin, below is an overview of the Community Oral Health Services (COHS) program. The COHS program was created in 2004 and arrived in Odanak in 2017. The goal of the program is to reduce oral disease among Canada's First Nations populations. On the one hand, by encouraging and referring target clienteles to obtain curative oral care, and on the other, by teaching and applying preventive oral care.

Number of individuals who participated in the COHS program activities:

86 individuals (57 daycare children, 28 school-age children, 1 elder)

	DAYCARE 0-5 years	ADULTS/ELDERS	SUMMER DAY CAMP And Pedagogical Days 5-12 Years	PIT AND FISSURE Sealing 6-14 Years
Daily brushing program	X			
Screening	X	X	X	X
Fluorinated varnish applications (1 to 4 applications/year)	X	X	X	x
Sealant applications	X			X
Silver diamine fluoride applications	X			X
Health education sessions (12) + supply of preventive products	x	x	x	x
Home visits		x		

In conclusion, this has been a great year, with the successful introduction of tooth brushing at the daycare centre, customer participation in the pit and fissure sealing activity and the oral health over time conference intended for adults. For the coming year, our goal is to continue our activities, such as preventive care for adults and elders, increasing preventive care with the dental hygienist for school-age children, making the program known to members of the community as a service accessible to all, and finally, making the program's services known to expectant mothers as an important step in preparing for a new baby.



#### JULIE DURAND

Assistant Director, Odanak Health Centre

### INTRODUCTION

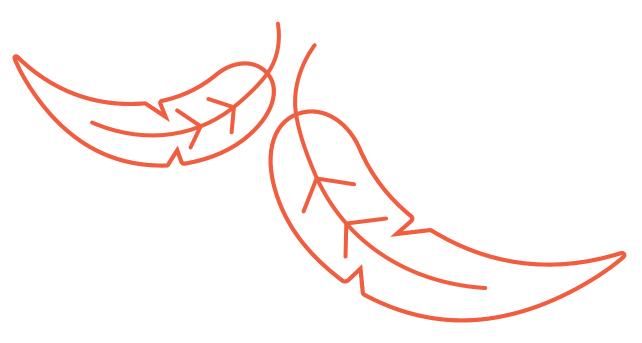
Hired in February 2024, I officially started work on March 11, 2024. The sectors assigned to me are the FNHSP (including cultural organizer - maternity leave), Kchaiak, community activities and day camp, healthy lifestyles, food security including meals-on-wheels and Jordan's Principle.

### **ACTIVITIES COMPLETED BY THE SECTOR**

In March, it was important for me to become more familiar with the environment and the workings of the organization, as well as to meet the staff and care workers. I moved into the SMO office, where I can work closely with some of my colleagues. I have held many meetings and get-togethers to raise awareness of my mandates and to network with partners.

#### TRAINING COURSES ATTENDED

TRAINING/WEBINAR	PRESENTED BY
Best practices to counter harassment	
Budget management	Catherine Côté-Bussières
Sensitivity approach to trauma and adversity	Croix-Rouge
Norming	Élisabeth Guilbeault





MEETING	GS/COMMITTEES	PRESENTED BY
MEETINGS AND/OR COMMITTEE	Meeting of the various OHC sectors	Jean Vollant and sector workers
	Participation in QRMC committees - single record.	Paule Leiby
	Meeting with Accreditation Canada representative	Michel Paul et Jean Vollant
	Meeting with the NoYau	NoYau steering committee
	Discussion meeting on health and social services governance	Auditor General of Québec and Justine M'Sadoques Plourde
	Community Health Plan (CHP) meeting with Joli-Ann Brazeau	Joli-Ann Brazeau and Jean Vollant
	Jordan's Principle/NIHB meeting	Lyne Mailhot and Justine M'Sadoques Plourde
	Rehabilitation project meeting Université de Sherbrooke (Rosalie Dostie)	Rosalie Dostie and Jean Vollant

#### **SUMMARY OF COMPLETED EVENTS**

- · Entry into service;
- Settling into the SMO office;
- · Installation of IT tools and organization of work;
- · Participation in committees and meetings;
- Readings and discussions to better understand how the organization works.

#### **CHALLENGES MET**

- Integration into a new work environment;
- Adapting to a new organization;
- · Assuming position-related tasks.

#### **CHALLENGES FACED;**

- Integration into a new work environment;
- Adapting to a new organization.

#### CHALLENGES FOR THE NEXT ANNUAL REPORT

- Improve efficiency (knowledge of tasks and environment);
- Be able to answer questions independently;
- Learn more about OHC related organizations;
- Continue to update OHC procedures to improve efficiency;
- Develop an annual plan for each sector.

#### MARIE-PIER Desnoyers

#### JESSICA PAPINEAU

#### CHRISTINA Béland-racine

Healthy lifestyle habits (339)

Dietary technician

Kinesiologist

Massage therapist

This annual report outlines the activities carried out within the framework of the healthy lifestyle programs (339) for the period from **April 1, 2023 to March 31, 2024**.

### **ACTIVITIES COMPLETED BY THE SECTOR**

#### PHYSICAL ACTIVITIES (CHRISTINA)

- Training for the Inter-school Games (January 11 to May 10, 2023 and October 18, 2023 to May 2024)
- Pedibus (April 25 to June 15)
- Défi ensemble, pas-à-pas (May 1 to 7)
- Fox Challenge (May 5)
- Inter-School Games 2023 (May 17 to 22)
- Introduction to paddle boarding (July 4)
- Bicycle prevention for day campers (July 5 and 12, August 2)
- Psychomotricity Daycare centre Pow-wow (July 18)
- Friendly outdoor volleyball (August 7 to 28)
- Dance rope exercises and accro yoga at day camp (August 8)
- Introduction to running (August 14 to October 2)
- Mountain ascent (day and night) during the Wigodi community retreat (September 1-3)

- Défi des 3 soeurs (October 3)
- Friendly volleyball league (November 1 to December 21)
- Kinesiology week (November 20-24)
- Falls prevention with the Kchaïak (December 19)
- Ergonomic assessment of employee offices (January 16 to March 13)
- Bungee fitness (January 27)
- Employee race (February 6 to March 26)
- Healthy lifestyle capsule (February 26)
- Bingo funding for the Inter-school Games (March 1)
- Physical activities during school break (March 6)
- Self-financing for Inter-school Games (January to March)
- Individual consultations

#### PHYSICAL ACTIVITIES (JESSICA)

(return from maternity leave in September 2023)

- Pedibus and breakfast (October 10 to November 30)
- Défi des 3 sœurs (October 3)
- Outdoor mini-Olympics 0-5 year-olds (December 6)
- Postnatal rehabilitation course pilot project (November 14 to December 19)
- Active lunchtime for employees (November 2023 to February 2024)

- Free play workshop 0-10 year-olds (November 22)
- Kinesiology week (November 20-24)
- Children's Day (December 2023)
- Salsa/hip-hop dance (January 15 to February 26)
- Poï workshop 5 to 11 year-olds (March 5)
- MIGAWES fitness (perinatality) (January to March)
- Prenatal classes (March 20 and 28)







#### **NUTRITION ACTIVITIES (MARIE-PIER)**

- Family cooking (April 5, 17, 19 and 26)
- Sports nutrition binders handed out to youth at the Inter-school Games (April 12)
- "Moi j'déjeune!" with the Pedibus (April 25, May 16 and 30, June 13)
- Start of employee snack program (May 11)
- Collaboration with the daycare centre's food service (revision of the summer-fall menu) (May 4)
- Fox Challenge snacks for runners (May 5)
- Preparation of snacks for the Inter-school Games (May 16)
- Inauguration of the community garden (May 28)
- Day Camp: Picnic with parents (July 12)
- Day camp : Garden workshop + cooking (August 2)
- Employee snacks (in progress)
- Collaboration with Marie-Franec David for the emergency menu
- Preparation and serving of snacks: Défi des 3 sœurs (October 3)
- Breakfast and Pedibus (October 10 and 24, November 7 and 28)
- Employee snacks
- Halloween at the daycare centre (healthy snacks) (October 31)
- Family cooking workshops (November 22 and 29)
- Children's Day (nutrition workshop) (November 17)
- Emergency menu transferred to Jennifer Vollant
- Purchase of healthy snacks for employees (AOC, OHC, SMO, TP, CPDA) (2X/month Costco)
- Attendance at the Inter-school Games parent meeting purchase of snacks (February 28)
- Family cooking (February 14, March 13 and March 21)
- · School break:
  - O Cooking workshop in collaboration with Marc-Olivier O'Bomsawin (March 6)
  - O Agro-Passion activity (microgreens and vegetables (March 7)



#### TRAINING COURSES ATTENDED

TRAINING/WEBINAR	PRESENTED BY
Basic volleyball coach (Christina)	Volley-Ball Canada, GRC
Office ergonomics (Christina)	Entrac Ergonomie
Massage therapy (September to February) (Christina)	Académie de massage scientifique
Facebook (September 11 and January 31) (Christina and Marie-Pier)	Joanie Rancourt and La Puce
Outlook (September 12 and 19) and Teams (September 26) (Christina and Marie-Pier)	Julie Bastien signature
Videoconference on community garden and greenhouse projects (Marie-Pier)	FNQLHSSC
NUTRIUM Continuing education: Advances in diabetes care (Marie-Pier)	NUTRIUM (Université de Montréal)
Fire extinguisher training (Marie-Pier)	Prévention secours
Program: Nourrir ses racines (September 13) (Marie-Pier)	FNQLHSSC
Jeûne et microbiote conference (September 27) (Marie-Pier)	Andréanne Martin Nutritionist
Norming accounting software training (Marie-Pier, Jessica and Christina)	Catherine Bussières-Côté
Webinar on nutritional planning (October 18) (Marie-Pier)	Both nutritionists did the planning
Continuing education: Nutrition and perinatal care (October 20) (Marie-Pier)	NUTRIUM
Abstracts of scientific articles (Jessica)	BIA platform
First aid in the workplace (January 30 and 31) (Jessica)	Centre de formation en secourisme du Québec
Microsoft Outlook training (September 12 and 19) (Jessica)	ОНС
Circuit training (November 8) (Jessica)	Ste-Justine Hospital
OFYS training (October 17) (Jessica)	ОНС
Management of low back pain: scientific update (January 2024) (Jessica)	BIA platform
Return to post-partum running (December 12) (Jessica)	BIA platform



# SUMMARY OF COMPLETED EVENTS

Activities such as the Inter-school Games (13 participants), the Défi des 3 soeurs (55 participants) and initiation to paddle boarding (8 participants) remain popular and help to increase daily physical activity in the community, so these are activities that should be recurrent.

Fall prevention with the Kchaïak committee (6 participants), bicycle/scooter prevention, capsules on healthy lifestyle habits published on the OHC Facebook page (522 clicks), Kinesiology Week, sports activities at day camp and during school break, ergonomic assessments of employee offices (17 assessments) and employee training sessions are excellent ways of informing the public, limiting injuries and improving participants' healthy behaviours, so they should also be maintained. For Kinesiology Week, promoting the activities already in place is still a win-win situation, since it involves a lot of work for the number of additional participants.

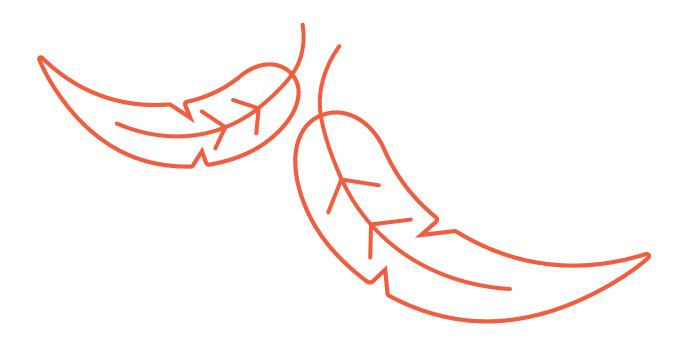
Bungee fitness and volleyball are popular activities, but the lack of infrastructure limits the possibility of practising them on a daily basis.

Group classes offered in the community attract an adult clientele. Shorter sessions keep participants interested. It is difficult to attract teenagers to this type of activity. Active lunches for employees are well appreciated (4- 6 participants). They feel good about working out. Great team spirit.

Physical activities at Wigodi resourcing (20-25 participants) and psychomotricity at the mini Pow-wow with the daycare centre remain good ways of integrating physical activity with cultural activities.

The "Défi, pas à pas" (Together, step by step) challenge had a good participation rate in the community (33 for 2023-2024, 20 in 2022-2023 and 45 in 2021-2022), but was running out of steam in the other communities. It will therefore not be repeated next year. Introduction to running (2) was not very popular, so will not be repeated next year.

Bingo is the best fundraiser for Inter-school Games.





#### MASSAGE THERAPY

The time slots available for kinesiology clients also requiring massage therapy are not filled (1 out of 2), however the time slots for quarterly massage therapy for employees have been filled until March 2025.

#### **PERINATAL CARE**

Group classes for expectant mothers or those less than 3 months postpartum are working well (<5 participants). Participants have been attending weekly meetings since November 2023.

The two childbirth preparation and basic rehabilitation workshops were offered at the request of Isabelle Dupuis as part of the prenatal courses (12 participants). There was a need to offer a group course in March 2024. It remains to be seen whether the need arises again.

In order to offer an adapted and safe course, postnatal rehabilitation is offered to women between 3 and 15 weeks postpartum. The first edition was offered in the fall of 2023 (<5 participants).

#### **CLIENTELE 0-12 YEAR-OLDS**

Outdoor mini-Olympics (21-25 participants) and Children's Day (40-50 participants) were offered to daycare centre children. Activities organized jointly with the daycare centre are always well attended, due to the large number of children involved.

#### INDIVIDUAL CONSULTATIONS

Individual consultations at home or at the health centre continue. The kinesiology service is becoming increasingly popular, and demand remains constant. 35 new people have been added to our follow-up program for various reasons: musculoskeletal injuries, fall assessments, healthy lifestyle/fitness, metabolic diseases, perinatal care. There are no people on the waiting list.

#### **HEALTHY SNACKS FOR EMPLOYEES**

Every two weeks, the dietary technician asks a person responsible for each sector (AOC, OHC, SMO, CPDA, public works) to send her photos of the snacks left over from the last few weeks. Based on this inventory, a shopping list is drawn up, and errands are run at Costco. Purchases are made according to the availability of healthy foods and current prices.

Snacks always respect a healthy dietary framework and allow employees to discover and appreciate good food. Since the positive and promising report on the program for 2023 sent to Assistant Executive Director Suzie O'Bomsawin, the Board has given its approval to increase the budget allocated to snacks in 2024. The program covers some 60 to 70 employees.

#### PEDIBUS / BREAKFAST (MOI J'DÉJEUNE)

The pedibus is a winning formula that introduces children to active transportation (6 to 8 participants). The involvement of volunteers is essential to the smooth running of the program.

Breakfasts are always popular. They allow children to discover new foods. It's a good way for us, the care workers, to offer them a complete breakfast before they set off walking to school. The recipes prepared are sent to the children's parents every week, since the request to obtain the recipes is made at every meeting.

The free play workshop for 3-7 year-olds is a service to be developed (<5 participants). Steps still need to be taken to find a human resource.

Healthy lifestyle promotion activities offered during school break and day camp effectively reach the 5 to 12 age group.



#### FAMILY COOKING WORKSHOPS

The aim of these workshops is to make cooking with your children fun and collaborative, to learn cooking techniques (for both adults and children), and to discover new foods and healthy eating concepts. The last session (winter 2024) was the one with the highest participation in terms of number of families (8 families = 16-20 participants) to date. Each family took part in two workshops during the session and brought back 4 to 6 portions of a main dish - the same for a snack/dessert.

#### **CREATING AN EMERGENCY MENU (EMP)**

This is a new project that took place during 2023. The dietary technician collaborated with nutritionist Marie-France David to develop an emergency menu for 100 people, in the event that the community had to gather at the community hall during a health emergency, power outage, etc. The menu was prepared for 3 days, and included a grocery list, simple recipes in large quantities, and the equipment needed to prepare the menu. The person in charge of the EMP, Jennifer Vollant, has received the menu and will be able to take over in the event of a crisis in the community.

#### **CHALLENGES MET**

#### Christina:

Rental of a nearby gymnasium (Pierreville), which reduced travel time to the CNDA.

The deposit system works well to ensure member participation in various activities, and should be retained.

#### Jessica:

Increased and diversified perinatal services are meeting growing customer needs.

Clients who have requested a kinesiology consultation have been seen within a short timeframe. The assessment office provides better service in a more suitable environment.

#### Marie-Pier:

With the introduction of a healthy snack program for employees, we have noticed a marked change in the eating habits of certain sectors and/or sector employees. Initially, snacks were consumed in smaller quantities in some sectors, and there were many left over when inventory was taken. For several months now, employees have been much more open to healthy foods, and their comments have been very positive about the food and the discoveries they've made. In fact, they are asking for larger quantities of certain foods, so it's a great success!





### **CHALLENGES FACED**

### Christina:

Participation in Inter-school Games training. Since youths have a lot of extracurricular activities, this reduces their motivation, they get tired and are less focused during training sessions.

Many of the same youths take part in the fundraising campaigns for the Inter-school Games, so those who don't attend receive the same clothes as the others without having made any effort.

Volleyball is a popular activity in the community, but the lack of infrastructure limits the possibility of practicing this sport on a regular basis.

### Jessica:

The basement of the SMO is not optimal for clients with babies. The room is frequently filled with various items that clutter it up. The room could also do with a fresh coat of paint.

### Marie-Pier:

The limited kitchen space at Kizos hall can't accommodate more than 2 families at a time. This means many more (evening) attendances are needed to cover all the groups, whereas it would be possible to see 4 families at a time at the community hall. As the budget for the kitchens is provided by N8wkika, they wanted to keep the kitchens at the Kizos hall. We'll see if it's possible to move to another location in the fall to increase our efficiency.

### CHALLENGES FOR THE NEXT ANNUAL REPORT

- Next year, start training for the Inter-school Games earlier in March so as not to exhaust the youth and keep the Interschool Games a fun activity, not a burden.
- Next year, ensure participation in at least one fundraising campaign for the Inter-school Games or that the clothing ratio is in line with participation in campaigns.
- Find a way for the 13-17 year-olds to be with the 10-12 year-olds, but for the Inter-school Games training sessions to be suitable for all.
- Start a 13-15 girls' volleyball team for the 2025 Inter-school Games.
- Improve accessibility to services for elders. Even though
  the activity takes place in the community, many elders are
  unable to participate because they don't have a vehicle or a
  driver's license.
- Find a time during the summer to reach out to teenagers and promote positive body image and healthy eating.
- Attempt to start educational cooking workshops that would include fathers. The nutritionist has had a few requests from people who have needs and want to learn more about healthy eating. A project of educational workshops for adults could be interesting to meet the various needs.
- As part of the postnatal rehabilitation pilot project, the theoretical part of the course needs to be improved.
   Collaboration with a perineal physiotherapist would complement the rehabilitation follow-up for expectant and new mothers.
- Offer promotion and prevention workshops for perinatal clients.
- The free-play workshop for 3-7 year-olds is a service to be developed. Steps still need to be taken to find a human resource. A more regular service would enable easy access for families, to encourage motor development, particularly in winter.

### MARIE-FRANCE David

Dt.P, M.Sc.

Sector: Nutrition

# INTRODUCTION

This document reports the activities of the Dietitian-Nutritionist for 2023-2024.

The dietitian's mandate is to meet the needs of individual dietary consultations, clinical nutrition services and food safety related tasks for the Odanak community. Prevention and healthy eating promotional activities are part of the dietary technician's duties

and responsibilities, but their planning may sometimes require a concerted effort with the nutritionist.

The following activities are outlined in Axis 3 of the strategic plan, i.e. "Promoting optimal nutritional health among the people of the community".

### INDIVIDUAL NUTRITION CONSULTATIONS

Individual nutritional consultation statistics for the period April 1, 2023 to March 31, 2024.

NUMBER	OF CLIENTS	NUMBER OF INDIVIDUAL CONSULTATIONS
Number of new clients self-referred (or referred by a parent if the client is	s a minor): 19	Number of telework telephone
Number of new clients referred in-ho worker, dietary technician, psycholog	`	or video consultations: 138  Number of on-site consultations at the OHC: 171
Number of new clients referred in-ho	ouse by physician or IPSPL: ≤5	
Number of new clients referred by external physicians or other external medical staff: 5		
Number of new clients referred by nutritionist: 0		
Number of new clients referred by a	N8wkika care worker: 0	
Total number of new clients for the period: 36		
Number of clients with active nutrition follow-up:  • April to June: 23  • October to December: 35		Total number of consultations: 309
		(increase of 53 consultations vs. last year)
• July 1 to September 30: 22	• January to March: 47	

### **MEALS-ON-WHEELS**

- Odanak's meals-on- wheels service provides a nutritious complete meal twice a week (Wednesday and Friday noon), at a cost of \$2/meal. The Council has decided to increase the rate to \$4/meal as of January 1, 2024. Community residents aged 60 and over are eligible, as are people vulnerable to food insecurity (e.g., post-hospitalization, physical or mental health problems, etc.);
- The meals-on-wheels service was in operation throughout the year, except for its usual interruptions (cook's summer vacation and the holiday season). As always after the summer vacations, the last week of August was devoted to preparation work: inspection of the work premises, assessment of culinary equipment and purchasing requirements, and review and modification of the cyclical menu in the light of client feedback from the satisfaction survey. Three 6-week cyclical menus (fall menu, winter menu, spring-summer menu) are implemented throughout the year, providing a good variety of nutritious dishes popular with clients;
- Following a government directive, the containers used for meals were changed for recyclable containers (compostable containers proved impractical for clients);
- The number of meals-on-wheels clients can vary slightly from week to week, but averaged between 40 and 44. We note a decrease in the number of clients since the rate increase (34 clients at the time of writing);
- A written client satisfaction survey was conducted. The response rate to the survey was excellent (37 respondents out of 44 clients). According to the survey conducted in December 2023, the vast majority of clients are very satisfied with the meals served (menu variety, recipe taste, presentation, food temperature, portion size), the new containers used and the delivery service. A few adjustments have been made to the menu, recipes and delivery service to better meet the needs expressed by clients.

### **GAME DISTRIBUTION**

- In 2023-2024, we received far less game than in the previous two years. As a result, only one deer distribution took place on February 6, 7 and 8 at the health centre. The criteria established by the AOC to qualify for a deer donation are elders aged 65 and over, single-parent families and income security recipients. Donations can also be made in cases of financial hardship.
- As always, the distribution list was updated by identifying (with the help of health centre, N8wkika and Council workers) individuals experiencing food insecurity. An advertisement was posted on social networks and mailed to all residents, and the nutritionist called the most vulnerable individuals directly to inform them of the distribution.
- 78 individuals benefited from a deer donation during this distribution.

### Other game donations made during the year:

- 4 pounds for meals-on-wheels (sagamité);
- 15 pounds for the 2023 Pow Wow dinner;
- 12 pounds for the Mont-Ham healing activity;
- 10 pounds of deer given to the farmer who provides access to the land where community hunters hunt;
- 4 pounds of deer for the community dinner on March 22, 2024;
- 12 pounds were given by OHC workers to clients experiencing food insecurity (4 clients).

The BETO indicated its intention to take over the distribution of game, while continuing to collaborate with the nutritionist to screen for food insecurity. A new method of game distribution will be implemented starting in 2024-2025.



### **COLLECTIVE KITCHENS**

Two collective cooking groups of 3 to 5 participants each meet once a week to prepare a complete meal for themselves and their families, at a cost of \$1/portion. Collective cooking sessions start in mid-September, with a break during the holiday season and the summer months.

NUMBER OF COLLECTIVE COOKING SESSIONS FOR 2023-2024

NUMBER OF PORTIONS
PREPARED FOR 2023-2024

70 sessions

967 portions

### **EMERGENCY MENU**

The emergency measures committee sent us a request for a 72-hour emergency menu for 100 people, to be prepared by volunteers and served in the community hall. The nutritionist, dietary technician and meals-on-wheels cook developed this emergency menu, which includes recipes, grocery lists and necessary equipment. A collaborative effort is underway with the EMP implementation manager, Ms. Jennifer Vollant.

### TRAINING COURSES ATTENDED BY THE NUTRITIONIST

- 3h training on "Anatomo-physio- pathologie de la déglutition chez l'adulte" - March 21, 2024 (online training, Ordre des Diététistes Nutritionnistes du Québec);
- Advanced diabetes training (online), Ordre professionnel des Diététistes Nutritionnistes du Québec;
- Journals published by the Ordre professionnel des diététistes nutritionnistes du Québec, including various scientific articles with exams leading to continuing education credits.

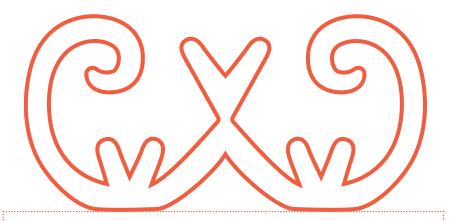
### **MEETINGS/COMMITTEES**

- **1.** The nutritionist took part in OHC staff meetings when they were scheduled during her working days;
- **2.** The nutritionist participated in various interdisciplinary consultation meetings for OHC clients, in which she was actively involved in the case;
- 3. Monthly working meetings were held with the mealson-wheels team. Other working meetings were also held between the nutritionist and the lead cook, and with the dietary technician concerning meals-on-wheels. It should be noted that the monthly meals-on-wheels meetings include points concerning overall food safety (collective kitchens, game distribution, interventions to promote healthy eating, etc.);
- 4. On March 18, a team meeting was held with the nutritionist, Annie Lapierre, health and safety officer, Marcelle Hannis, nurse, and Samuel Dufour from the BETO, to prepare the health and safety training for community hunters (including community hunters) to be held in January 2025;
- 5. A meeting with the nutritionist, the dietary technician, Mr. Samuel Dufour and Luc G. Nolett from the BETO was held on March 25 to set up a new game distribution process and collaboration with this organization for future distributions. Mr. Dufour and Mr. Nolett were given a document explaining the current procedure. The current distribution process was explained, and different ways of doing things in the future were explored. It was agreed that the next distribution of game, scheduled for April 2024, would serve as a trial of how to proceed in collaboration with the two sectors.



### **SUMMARY**

- The increase in new clients seen for dietary consultation (up 30% in 2022-2023) remained present in 2023-2024. This is due to the fact that there are more care workers working at the OHC (physician, IPSPL, midwife, etc.) and at N8wkika, and more clients are consulting for a clinical reason (e.g. oncology follow-up, digestive surgery, palliative care, etc.) as a result of long waiting times and service breakdowns in the public health system. In addition, the total number of consultations for the year increased by around 50 versus 2022-2023, mainly due to the increased number of multidisciplinary consultations;
- The rising cost of groceries has increased the operating costs of meals-on-wheels and collective kitchens. A subsidy request was therefore made to the Table intersectorielle régionale en saines habitudes de vie du Centre-du-Québec, and a \$10,000 grant was obtained. In addition, a \$4,000 increase in the budget allocated by W8banaki was made available for collective kitchens.



### **CHALLENGES MET AND TO BE MET**

- The growing number of dietary consultations could have created time pressure for the nutritionist, but new employees hired in Odanak from April onwards are carrying out tasks that free up the nutritionist, enabling her to devote more time to clinical nutrition.
   In addition, multidisciplinary work is proving productive and effective for client intervention work. The nutritionist continues to build collaborative relationships and promote the importance of nutrition and the role of the nutritionist at various multidisciplinary meetings;
- A new method of game distribution will be implemented with the BETO starting in 2024-2025;
- The growing number of dietary consultations due, among other things, to service disruptions in the public health sector (hospitals and CLSCs with excessively long waiting lists, departure of clinical nutritionists in oncology, palliative care, etc.) means that nutritionists need to be as up-to-date as possible when it comes to clinical intervention in various sectors (cardiology, palliative care, nephrology, endocrinology, etc.). Further training in clinical nutrition is planned for the coming year, as is the purchase of clinical teaching materials;
- The OHC's collaborative work with other community organizations and with the public health system is developing at a rapid pace, ensuring a more comprehensive service to the client. However, this may require adjustments to the way work is organized.

### ANNIE LAPIERRE

Hygiene and sanitation program manager

Sectors: Hygiene and sanitation program/ Game training (community health)

# INTRODUCTION

This annual report covers the activities of the Hygiene and Sanitation (Community Health) program (budget: 347) and the Game Training (Community Health) program (budget: 324) for the period April 1, 2023 to March 31, 2024. NOTE: The period of employment from April 1, 2023 to January 14, 2024 was under the responsibility of Mr. Martin Gill. From January 15, 2024 to April 15, 2024, I was on probation for the position of Health and Safety agent. I officially obtained the position on April 15, 2024.

# ACTIVITIES COMPLETED BY THE SECTOR

Verifications (inspections) for public establishments in the community are carried out by a public health and environmental officer from ISC, in the presence of the hygiene and sanitation program manager and, if necessary, with the AOC public works supervisor.

During this quarter, Ms. Aïcha Kaouache was our Community Public Health and Environmental agent. She was accompanied by Jessica Paolin, Environmental and Public Health agent.

During the current quarter, a follow-up to a request for inspection of an individual's home was sent out again to the individual in question, but no response was received. Following e-mail and telephone exchanges with the agent, Ms. Kaouache, concerning this request, the agent mentioned that she would put this request on hold, as we had not received any feedback from the homeowner.

On February 22, 2024, the following verifications (inspections) were carried out:

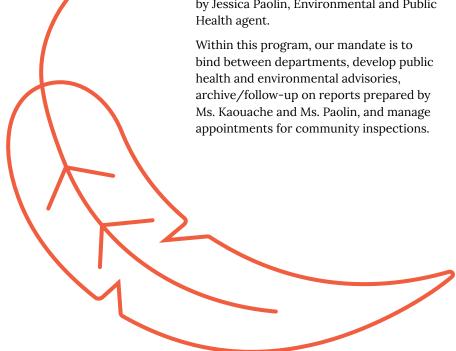
- · Odanak Health Centre
- · Aw8sissak daycare centre

Café Masko and the restaurant Le Gourmet could not be visited (inspected), as the owners were absent at the time of our visit and they are privately-owned businesses.

Inspection report dated February 22, 2024 is: HC8-117-05. Management having received a copy.

# CONCLUSION

To conclude this annual report, for the period from January 15, 2024 to March 31, 2024, this period was largely devoted to becoming familiar with the files and understanding my mandate as Health and Safety agent. A good number of meetings were scheduled to learn more about my responsibilities.





### JUSTINE M'SADOQUES-PLOURDE

Jordan's Principle Coordinator

# INTRODUCTION

Jordan's Principle is a child-first principle designed to ensure that First Nations children get the services they need, when they need them. Given the significant increase in funding requests, the team is working on mobilization documentation for service delivery. This will aim to respond to children's real needs as well as the quality of the service offered.

### Activities carried out by the sector | New claims: 109 | Refunds: 292

\* Several requests have been modified to continue the service; they are not included in the new requests.

- **1.** 1Build relationships with community resources and collaborate with existing community programs and services;
- **2.** Increase awareness of existing programs and support available to First Nations living on and off reserve;
- **3.** Work proactively with communities to identify children with unmet needs to facilitate early intervention and rapid access to support and services;
- **4.** Facilitate access to professionals for assessment purposes or offer professional assessment services where and when needed.

SERVICE	STATISTICS (SEPTEMBER 2024)	NOUVELLES DEMANDES	ENFANTS SUIVIS
	Orthophonie	1	1
	Ostéopathe et Naturopathie	1	1
	Dentiste	4	2
	TES	1	1
A LEN	Aide aux devoirs indiviuelle	1	1
SERVICE/SOUTIEN	Projet Skamon	1	30
SERVI	Frais de déplacement	1	1
	Neuropsychologie	4	4
	Accompagnement Halte-Garderie	1	1
	Optométriste	1	1
	Traitement pour les poux	1	1



SERVIO	CE STATISTICS (OCTOBER 1 TO DECEMBER 31, 2023)	NEW REQUESTS	MONITORED CHILDREN
	Speech therapy	4	4
	Osteopathy	3	3
	Dental expenses	7	7
	SET	1	1
	Teaching support material	6	14
	Homework assistance and academic enrichment	7	7
	Psychoeducational follow-up	1	1
	Travel expenses (MT)	1	1
_	Ambulance transportation	1	1
SERVICE/SUPPORT	Neuropsychology	6	6
CE/SU	Podiatrist evaluation	1	1
SERVI	Voie avenir program	1	1
	Triathlon program	1	1
	Registration fees and sports equipment	3	3
	Registration fees ADIRS	1	1
	Occupational therapy follow-up	3	3
	Chiropractic follow-up	1	1
	Cycloplegia examination	1	1
	Medical consultations	3	3
	Emotional psychology follow-up	2	2
	Physiotherapy follow-up	1	1

	CE DELIVERY STATISTICS/ N's Principle 2023-2024	SERVICE/SOUTIEN	NOUVELLES Demandes	ENFANTS SUIVIS
		TES	15	24
		Orthopédagogue	4	24
		Matériel de soutien pédagogique	18	25
	Service d'éducation/rééducation	Aides aux devoirs/tutorat	11	11
		Psychoéducation	5	4
		Programme scolaire	2	2
		Orthophonie/Stimulation de langage	11	9
		Audiologie	2	2
		Consultation médicale	8	7
		Orthothérapie	1	1
		Supplément alimentaire	2	2
		Médications	6	6
	Service en santé physique	Podiatre/Orthèse	4	4
		Ergothérapie	10	10
ES		Acupunture et Hypnose	1	1
CATEGORIES		Frais dentaire	17	15
CAT		Frais de sport/Parascolaire	11	6
		Optométrie	2	2
		Physiothérapie	3	2
		Chiropractie	8	6
		Matériel d'allaitement	3	3
	Service maternité	Ostéopatie/Naturopathie	8	7
		Neuropsychologie	13	13
		Évaluation psychologie-affective	2	2
	Service santé mentale/cognitive	Suivi TS (Tutelle)	1	1
		Psychologie	1	1
		Agente pédagogique	1	54 enfants
	CPE Aw8ssissak	Psychoéducation	1	(33 PN + 21 Allochtones)
		Frais de transport/Hospitalisation	9	8
	Soutien financier à la famille	Programme estival	1	1
		Graderie	1	1



_	SEMENT 0-18 ANS Fe du 6 Juin 2024	RÉSIDENT	NON-RÉSIDENT	GARÇON	FILLE	COMMENTAIRE
	Bébé 0-1 ans	4	2	2	4	
Ж	0-5 ans	7	10	11	6	
GROUPE D'ÂGE	5-12 ans	21	22	24	19	1 enfant innu résident à Odanak
GR	12-18 ans	9	15	12	12	
	Total	41	49	49	41	

PORTRAIT DE L'ENFANT		GARÇON	FILLE	TOTAL
	Dyslexie-dysorthographie	1	3	4
	Trouble déficitaire de l'attention (TDA) /Hyperactivité (H)	14	6	20
	Douance	-	1	1
	Trouble de la coordination motrice/Dyspraxie	2	4	6
MENT	Trouble du spectre de l'autisme (TSA)	2	-	2
PORTRAIT DU DÉVELOPPEMENI	Retard de langage	5	7	12
U DÉVE	Trouble de langage	3	-	3
RAIT D	Trouble de traitement auditif	1	-	1
PORT	Difficulté comportementale	1	2	3
	Épilepsie	2	1	3
	Anxiété	4	2	6
	Trouble d'opposition	1	-	1
	Déficience intellectuelle	1	-	1

<sup>\*</sup>Plusieurs enfants ont des troubles combinés et certains ont des diagnostiques non reconnus.



### TRAINING COURSES ATTENDED

TRAINING/WEBINAR	PRESENTED BY	
Norming training	AOC accounting	
Trauma-sensitive approach to diversity	ОНС	

MEETI	NG/COMMITTEE	PRÉSENTÉES PAR
	3 meetings with the Wôlinak health centre coordinator	Justine M'Sadoques-Plourde
	2 information meetings on the audit with the AG: educational success of Indigenous children	Quebec Auditor General
	2 AGJEA	CSSSPNQL
	3 meetings with the Jordan's Principle Committee	Justine M'Sadoques-Plourde
	4 consultations between N8wkika, Jordan's Principle and the VL-MLT school	Justine M'Sadoques-Plourde
	Concertation with Laure Tardif for homework assistance service	Justine M'Sadoques-Plourde
MEETING / COMMIT	Roundtable	Justine M'Sadoques-Plourde
/ 9NIJ	Meeting with the VL-MLT school and Kiuna	Justine M'Sadoques-Plourde
MEE	Gathering of Jordan's Principle coordinators September 6-7, 2024 and March 5-7, 2024	AFN and FNQLHSSC
	Concertation N8wkika case study	N8wkika
	Concertation NIHB/JP	Lyne Mailhot
	Regional Démarch'action	TREQ
	Jordan's Principle conference at Kiuna	Justine M'Sadoques-Plourde
	4 CSSDRL meetings	Justine M'Sadoques-Plourde

### SUMMARY OF COMPLETED EVENTS

### Roundtable - February 16

Given the change in coordination of Jordan's Principle, I wanted to bring together all the Jordan measures resources in the provincial schools. Several professionals from the Maurault-Vincent-Lemire school were present. Other organizations included La Relance, TREQ, Maison des jeunes du Bas-St-François, N8wkika, CIUSSS MCQ, OHC management, AOC management and a representative from ISC. Throughout the day, we discussed Jordan's Principle initiative, as well as issues and solutions for the educational success of Abenaki children. There was a talk by Nicole O'Bomsawin on the community's school history, and traditional songs by the Flying Sturgeons and Aw8ssisak Akik.

### **CHALLENGES MET**

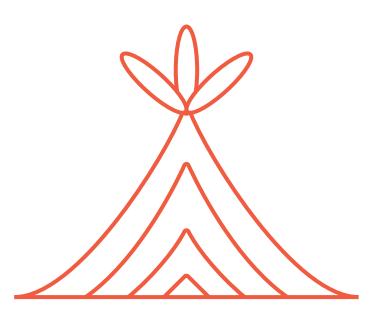
- School services do not always seem to be respected, and it is sometimes difficult to obtain reports from school management;
- Find solutions for mobilizing funding for requests;
- Find an effective method of communication among collaborators;
- Kiuna's independence in terms of Jordan's principle requests;
- Using the form in schools with Jordan's Principle.

### **CHALLENGES FACED**

- · Adjustment for orthodontic requests;
- · Incorrect invoicing;
- Unsatisfactory quality of services offered in provincial schools.

### CHALLENGES FOR THE NEXT REPORT

- ISC support for our mobilization efforts;
- Follow-up on reports and observation reports with school board resource;
- Compliance with new criteria for homework assistance.



### CLAIRE HANNIS

Substitute educator at the Odanak FNHSP

Sector: First Nations Head Start Program

## INTRODUCTION

This annual report describes the activities of the FNHSP for the period from April 1 to June 30, 2024.

### **GENERAL OBJECTIVE**

Promote the child's overall development.

### PROGRAM OBJECTIVES

Develop children's sense of belonging to their culture;

Implement activities that promote the objectives of the FNHS program: nutrition, education, learning the Indigenous language, supporting families and encouraging self-esteem.

# **ACTIVITIES COMPLETED BY THE SECTOR**

- Complete the emblematic paintings of each group;
- · Beginning of collective workshops for daycare week (mural on leather);
- The exterior of the room decorated in distinctive colours (red, white, black and yellow);
- Several outings in the forest and rest periods in the forest also;
- Sowing workshops in collaboration with the BETO;
- Creating scarecrows for our future gardens;
- A contest was held to find an Abenaki name for our scarecrows, with the aim
  of getting parents involved. An Abenaki dictionary was made available to them;
- · Abenaki song "Wigawani";
- Cooking workshop: banquet for groups who didn't take part last March;
- · Herbarium and decoration;
- · Giant painting of each group's emblem;
- Collecting plants and flowers for our herbarium;
- Motor activities at Kizos hall;
- Library outings;
- Special activity during Daycare Week (feather dance and animated legend);
- Creation and explanation of a talking stick. Each group found its own stick in the forest;
- "Generation chair" workshops;
- · Activities on pollinators in collaboration with Evelyne Benedict (BETO).

### TRAINING COURSES ATTENDED

TRAINING/WEBINAR	PRESENTED BY	
Language training	Marie-Ève Dufresne	

### **MEETINGS / COMMITTEES**

MEETINGS AND/OR COMMITTEE	PRESENTED BY
OHC AGJEA	Jean Vollant
Educational network	FNQLHSSC
Concertation table	Laure Tardif



### **SUMMARY OF COMPLETED EVENTS**

- Contest at the entrance to the daycare centre
- Special activity during Daycare Week (feather dance and animated legend)
- · National Indigenous Peoples Day
- Graduation festivities
- Water games and picnic day at the Abenaki Aventure campground

### **CHALLENGES MET**

Creating a workspace

### **CHALLENGES FACED**

- Lack of participation from parents when invitations are extended
- Lack of knowledge of the Abenaki language (pronunciation)

### CHALLENGES FOR THE NEXT QUARTERLY/ANNUAL REPORT

- Find new partners for collaborative projects
- · Inviting elders to share their knowledge



### ANGELIE Lafontaine

Recreation intervention technician

Sector: Community activities aimed at overall health

## INTRODUCTION

This quarterly report outlines the activities of the "Community Activities aimed at overall health (329)" program for the period from April 1 to March 31, 2024.

# **GENERAL OBJECTIVE**

Develop community activities aimed at overall health, rooted in Abenaki culture.

# PROGRAM OBJECTIVES

- Reinforce a sense of belonging and identity, and thus foster social integration;
- Design and develop new sports and recreational programs and services to meet the needs of community members (children, teens, adults, elders);
- Plan, coordinate and manage recreational programs, activities, services and resources (human, financial and material);
- · Plan, organize and lead recreational and sports activities.

# ACTIVITIES COMPLETED BY THE SECTOR

- Single monthly calendar
- Dream catcher hunt (April 7, 8 and 9)
- Ped day at the Kizos hall (April 21)
- · Archery lesson
- Replacement at the OHC reception (April 25, June 1, 6 and 7)
- Pedibus (April 27, May 4, 11, 18, 25 and 30, June 1, 8 and 15)
- Pound lesson (May 4, 11 and 25, June 1, 8 and 22)
- Educational activities (May 5)
- Fox Challenge (May 5)
- Laundry soap and cleaning products workshop (May 16)
- Walk to replace the Pound lesson (May 18)
- Ped day at the Kizos hall (May 19)
- Family/friends bus trip to Inter-school Games (May 20)

- Community lunch with the OHC (May 25)
- Neighbors' Day (all of June)
- Movie afternoon (June 17)
- Beadwork workshop with the daycare centre for National Indigenous Peoples Day (June 21)
- Strawberry outing (day camp) (July 6)
- Museum tour with the FNHSP (July 11)
- Mini Pow-wow (July 18)
- · Aquaforme registration
- Volley-ball (August 14, 21 and 28)
- Movie afternoon (day camp) (August 8)
- Outing to the Village vacances Valcartier (August 12)
- Bus tour and blind spots with the day camp (August 14)
- Movie afternoon (day camp) (August 14)
- Yoga classes (August 17, 24 and 31, September 14)



# ACTIVITIES COMPLETED BY THE SECTOR (CONTINUED)

- Movie night (August 26)
- Employee breakfast at the OHC (September 5)
- Conference on the Domaine Coquelicots (September 13)
- Domaine Coquelicots canning class (September 16)
- FNHSP open house (September 22)
- Corn cake workshop with the FNHSP (September 28)
- Day for Truth and Reconciliation (September 29)
- Lacto-fermentation class (October 10) (cancelled due to lack of enrolment 5/6)
- International Children's Day Christmas special (November 17)
- Giant colon exhibition (November 19)
- OHC Christmas dinner (December 1)
- Community Christmas dinner (December 9)
- Île aux fantômes (October 28)
- Educational support at W8banaki Parkour in Drummondville (November 3)
- Police force community dinner (November 30)
- Educational support at W8banaki Dental hygienist's workshop and Christmas cookies (December 1)
- Cultural and sports workshop with the daycare centre, Jessica and Virginie (December 6)
- Winter solstice elf hunt (December 20)

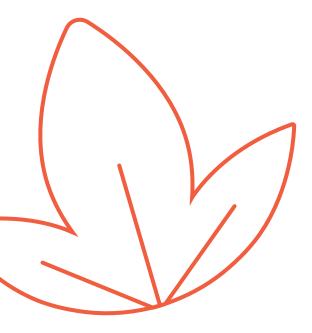
- Day camp 2024
- Récréofun outing with W8banaki (January 19)
- Movie night (January 20)
- Initiation to Bungee fitness in Trois-Rivières with Christina Béland-Racine (January 27)
- O-Volt outing with W8banaki (February 2)
- Game distribution (February 6, 7 and 8)
- Group training at the SMO (February 14, 21 and 28, March 6,13, 20 and 27)
- Jordan's Principle roundtable discussion with Justine M'Sadoques Plourde (February 16)
- Winter carnival (February 17)
- Interviews for the day camp (February 25)
- Workshop as part of the W project (March 7)
- Outing at the Funtropolis for the school break (March 8)
- Day camp registrations (March 21)
- Workshop as part of the W project and magician with W8banaki (March 22)
- Moccasin hunt (March 30 and 31)





### TRAINING COURSES ATTENDED

- Healthy lifestyle training
- · Fire extinguisher training
- Training "Ici, on déplace de l'air"
- Inauguration of the Nic-Yam mobile in St-Wenceslas
- · Volleyball coach training
- Facebook 1 training
- · Outlook training
- · Community health plan training
- · One note training
- · Facebook 2 training
- · Day camp recruitment training
- · Budget monitoring training
- Accounting training
- · Day camp crisis management meeting
- · Risk management training
- · Coordo training
- Training in trauma sensitivity and Indigenous adversity



### **MEETINGS / COMMITTEES**

- OHC team meetings
- · Healthy lifestyles meetings
- · Community activities aimed at overall health meeting
- OHC performance assessment
- · Inter-school games meeting
- · IMAF meeting
- · Reconciliation Day committee meetings
- Mini-Pow-wow meetings
- · Odanak community consultation committee meetings
- Recreational management and intervention information session
- · Kchaiak meetings
- Winter solstice meetings
- · Library book club meeting
- · Meeting with N8wkika for pedagogical days
- Winter Carnival committee meetings
- Meeting for the children's Christmas party
- · Volleyball closing ceremony
- · Day camp meetings
- Meeting with Mathieu for McCord Museum outing
- AGJEA committee meting
- School break committee meetings
- Project W committee meeting
- · Office ergonomics with Christina
- "J'adopte un cours d'eau" meeting with G3E
- Île Ronde activity committee meeting
- Pow-wow committee meetings
- · Day camp management meeting

### SUMMARY OF EVENTS AND STATISTICS

### Dream catcher hunt

### Participation of 10 families

In collaboration with Virginie Descôteaux from FNHSP, we created small dream catchers that were hidden in strategic locations throughout Odanak. Using clues posted in "stories" on the OHC Facebook page, people in the community had to wander around and try to find where the catchers were. Each person who found a dream catcher won a fruit basket accompanied by a chocolate fondue can from Chocolats favoris. The hunt took place over an entire weekend, and was very popular with participants.

### **Archery lesson**

### ± 6-9 participants

Archery lessons are offered free of charge by Patrick Côté at the community hall on Thursday evenings at 6.30pm, and on Sunday afternoons at 1.30pm. Wooden panels and nets have been installed for safety. Bows and targets are also provided. An average of 6 and 9 participants attend each course, for a total of 20 registrations. It was decided that the OHC would disassociate itself from this activity, since it was more of an event planned, organized and orchestrated by a private individual than by the health centre.

### **Pedibus and Breakfast**

### 7 participants

Preschoolers attending Maurault and Vincent-Lemire schools were offered the opportunity to walk to school. Breakfast was provided once every two weeks. A much-appreciated project that will be back in the fall.

### **Pound**

### ± 6-10 participants

Every week, Pound teacher Anne Matte comes to the community hall with her equipment to offer a one-hour class to participants. The activity is a fitness workout set to music, with sticks to follow the rhythm. Participants love this activity, and are asking for it to be repeated in the spring. An activity eagerly awaited by participants every time.

### **Group walk**

### 5 participants

To replace a Pound class that had to be cancelled, I invited participants to join me for a 2 km group walk.

# Workshop to make laundry soap and cleaning products 16 participants

A workshop on making laundry soap and cleaning products was offered by Julie from Domaine Coquelicots, a local company that promotes self-sufficiency. A very interesting and enjoyable activity. Everyone left with a container of laundry soap.

# **Accompanying families and friends to the Inter-school Games** 6 participants

A bus outing was offered to families and friends of youths taking part in the Inter-school Games in Quebec City to cheer them on.

### **OHC** community dinner

### 12 participants

An employee dinner was held at the multi-purpose hall. Everyone brought a different dish to share.

### Neighbours' Day

### 11 families took part

Odanak residents were invited to get together with their neighbours for a meal, happy hour or special event. They had to be from 3 different households to be eligible for the draw at the end. The event took place over the course of a month, so that everyone could participate. Five prizes were drawn, including a padded camping chair, a hammock, an outdoor pocket game, an adult folding beach chair and a child folding beach chair.

# **Movie night (Mario Bross)** 16 participantss

A movie night was offered to the public. Popcorn, chips and beverages were sold at low cost. A children's favourite.



### Fox Challenge

### See Christina's annual report

The Fox Challenge is an untimed race, organized by and for First Nations, where participants attempt to become Foxes. To become a Fox, participants had to run 2 km, and to earn an extra medal, they had to run an additional 4 km. I accompanied the children enrolled in N8wkika's pedagogical days to run the race. I also accompanied the runners/walkers present during the evening.

# **Strawberry outing with the day camp** 21 participants

An outing to pick strawberries took place at the Ferme des Ormes with the children and organizers of the day camp. Each child could take home a basket of strawberries, which they picked themselves. At the end of the harvest, the children were served strawberry galettes donated by Ferme des Ormes.

### Mini pow-wow

### ± 25 adult participants and 50 children

An event was created to bring the pow-wow experience to our daycare centre children and any parents who were able to attend. We therefore set up a mini-pow-wow with mini booths: a beading booth where each child could buy a bracelet or necklace of their choice with a coupon given to them; a music booth with different instruments that the children could try out; a banique booth cooked by Marc-Olivier O'Bomsawin; a sagamité booth cooked by Jacques T. Watso; a children's face painting booth; a hair braiding booth by Allison Hannis; and a beading booth by Céline O'Bomsawin. The Flying Sturgeons performed a song and drum, and the Chief came in traditional dress to hand out flags to each child. The entire daycare centre was invited to picnic on site. The event took place in the morning in the Museum courtyard. This event has great potential to become an annual fixture. A great success!

### Volley-ball

### ± 6 participants

A friendly volleyball league was set up every Monday evening in August. It took place on the lawn next to the skating rink.

### Movie afternoon for the day camp

### 21 participants

On rainy days, I made myself available for screening movies in the community hall. Popcorn machine and beverages included. A popular activity with children and staff alike.

# **Outing at Village Vacances Valcartier** 17 participants

A group outing was organized on August 12, 2023. Transportation was provided, and a discount was given to each participant for admission to the Village Vacances Valcartier. Each participant was asked to bring his or her own lunch and dinner, or money to eat on site.

# **Bus tour and blind spots with the day camp** 19 participants

A tour of the bus was given with the day camp. Each child could sit in the driver's seat and look in the mirrors. We created a game where all the other children had to hide around the bus and the child in the driver's seat had to find them using the mirrors. They also drew chalk on the floor where the driver couldn't see. In this way, they could visualize the importance of staying safe and visible around a bus.

### Yoga classes

### ± 9 participants

Yoga classes were offered to the public at Soyons Zen in Pierreville.

### Movie night (Kraken)

### 15 participants

A movie night was offered to the public. Popcorn, chips and beverages were sold at low cost. A children's favourite.

### **OHC** employee breakfast

### ± 15 participants

A lunch was offered to health centre employees in the conference room.



# **Conference on the Domaine Coquelicots** 10 participants

A conference on the Domaine Coquelicots was given by Julie, the owner and creator of this company – a local business that promotes self-sufficiency. She showed us a number of practices she uses herself to save money and, at the same time, save our beautiful planet. It was a very interesting and enjoyable activity.

# **Canning class by the Domaine Coquelicots** 12 participants

A canning class was given by Julie from Domaine Coquelicots. We learned how to safely use an autoclave to can different recipes. She also showed us the boiling water method, which can be used with just a few recipes/foods. Ideal for preserving garden crops, avoiding food waste and saving on grocery costs.

### **FNHSP** open house

### ± 20 adult participants and 25 children

To celebrate the newly renovated space, we held an open house for parents and children of the daycare centre. Cedar bites and beverages were offered. Children's artwork was on display. Virginie also explained her role with the children and what she would be offering during her workshops.

# **Corn cake workshop with the FNHSP** 8 participants

A corn cake workshop was organized with each daycare centre group. Children took part in the preparation and took their cakes home to share with their families.

### Day of Truth and Reconciliation

### ± 210 participants

An event was created with the help of a committee to mark the Day of Truth and Reconciliation. The event took place outside the Baie-du-Febvre arena. Sagamité, smoked fish and Indian tacos were served in tasting format, free of charge. Neighbouring schools were invited to join in the fun. Hot chocolate, coffee and water were provided. A number of craft exhibitors also sold their wares. A giant Native book was on display, and the Flying Sturgeons performed songs and taught the schoolchildren a few dances. To conclude, an Indigenous tale was read and several speeches were made. This event will be repeated every year.

# **International Children's Day - Christmas special** ± 80 participants

This activity was organized to celebrate International Children's Day. All daycare centre children and Odanak families arrived at 9 a.m. at the community hall. Three workshop stations were set up: a gingerbread cookie decorating station served with a banana and a glass of milk, a craft station to decorate Christmas tree ornaments and a motor activity station. All participants were divided into three groups to rotate through each station. At 10 a.m., Jonathan Wizard's show began, finishing around 10:45. Participants left at around 11am. This activity was much appreciated by all.

# **Robotics workshop with N8wkika** 9 participants

A robotics workshop was held in Kizos hall in the afternoon, following the National Children's Day celebrations, to round off the pedagogical day for school-age children.

### Île aux fantômes

### 25 adult participants and 25 children

An outing was organized to visit Île aux fantômes in Sainte-Anne-de-Sorel as part of the Halloween festivities. The island is fully decorated and distributes candy to visitors. This outing will certainly be repeated.



### Giant colon exhibition

### ± 15 participants

An exhibition of the giant colon featuring an astonishing structure measuring 12 metres (40 feet) long by 2.5 (8 feet) high was held at the community hall. This multimedia exhibit is suitable for all ages. It presents the diseases that affect the human colon, in particular colorectal cancer. It will probably be repeated next year in the entrance hall of the Health Centre.

### **OHC Christmas dinner**

### 35 participants

A Christmas dinner for OHC employees and their spouses was held at the Fougasse restaurant in Sorel.

### **Community Christmas dinner**

### 101 participants

An intergenerational Christmas dinner was offered free of charge to members of the Odanak community. There were 101 registrations. Angélie Lafontaine decorated the room and set up the tables and chairs with the help of the public works team. Youth from the Inter-school Games were on hand to help keep the evening running smoothly. They were very helpful. Without their participation, it wouldn't have been possible. Two youths were at the reception to take registrations, they also sold recipes in jars they made with Marc-Olivier O'Bomsawin to raise funds for the 2024 Inter-school Games. Three youths were in charge of giving out beverages to participants (1 coupon per participant was given out, and if they wished, they could buy other beverages to benefit the Inter-school Games). Christina and other youngsters served the hot buffet to ensure that no one touched the food. The youngsters were congratulated in front of the hall for their involvement and participation in the games. A DJ provided the evening's entertainment. Following the meal, 12 gifts purchased from local artisans at the Christmas market were drawn at random from all those present. The evening was a great success.

### Winter solstice - Elf hunt

### 60 participants

A lighted trail was set up on the Tolbat trail by Spectech during the Christmas vacations. Elves were hidden in the trees, along with posters of elves doing exercises. The elves were designed by Justine M'Sadoques Plourde. At the end of the trail, a box contained several keys. Children aged 2-17 were invited to take one of these keys and return it at the top of the hill. At the end of the evening, a draw was held. 2-11 year-olds could win a DJ table, and 12-17 year-olds a Bluetooth speaker.

### Single calendar

A single calendar of Odanak activities was created to enable people in the community to see what activities are being offered during the month. In this way, it brings together the activities of each committee and organization in one place. A tool much appreciated by users. On one side, the dates of activities are listed, and on the other, the description, location and contact person for more information on each event.

### Movie night (Trolls 3)

### ± 12 participants

Screening of the film Trolls 3 in the community hall. Popcorn, beverages and snacks were sold on site. Mats were provided for added comfort, and people were invited to bring their own camping chairs and blankets.

### Récréofun outing with N8wkika

### ± 15 children attended

An outing to Récréofun took place during the January 19 pedagogical day. This outing was organized for school-age children aged 5-10 from Odanak and Wôlinak. Parents were welcome to accompany their children on this outing.

# **Bungee fitness initiation with Christina** 18 participants

Christina Béland Racine organized an outing to Trois-Rivières for an introduction to bungee fitness. A very interesting and enjoyable activity. There may be a possibility of doing it again in the Odanak community hall.

### O-Volt outing with N8wkika

### ± 15 children participated

An outing took place at O-Volt in Trois-Rivières on February 2. This outing was organized for school-age children aged 5-10 from Odanak and Wôlinak.

### Game distribution

### ± 48 families participated

Thanks to the community hunt, portions were prepared for each household (depending on the number of people), according to the eligibility criteria for access to the game (single-parent families, income support or people aged 65 and over). For some people in difficulty, home delivery was necessary. Distribution days were held at the OHC.



### Lunchtime group training

### ≥ 3 participants

Group training sessions were held every Wednesday in the SMO basement on a training platform. The activity was open to the community and employees alike. Each participant had the chance to win a \$50 gift card at Shop Santé. I think the lunchtime format is less accessible to the community. I would try to do it in the evening to reach more people.

### **Winter Carnival**

### ≥ 250 participants

Some 250 people and more attended this year's Winter Carnival. Activities included a mini-farm with pony rides, a snow snake game, face painting for children, inflatable games, Snow Queen and Olaf mascots, boot field hockey, a campfire with marshmallows and sausages, a hot chocolate, coffee and cookie stand, snow painting and more. Free healthy snacks and bottled water were provided for everyone. The evening ended with a spaghetti dinner in the community hall, followed by fireworks. This year's event was a great success.

### **Project W workshop**

### ± 15 children participated

A day of preparation for the Project W show was organized with the children who had registered. This day is organized during the March 7 pedagogical day for school-age children aged 5 to 10 from Odanak and Wôlinak. We began painting the set and casting the roles.

### **Funtropolis outing**

### 20 adult participants and 25 children

A family outing to Funtropolis was organized during school break. This outing took place at the same time last year and was requested again this year. The bus was full.

# W project workshop and magician with N8wkika ± 15 children participated

During the March 22 pedagogical day, the morning was dedicated to practicing roles for the Project W show, followed by a special afternoon with the Stratosphère magician's show. This day was for school-aged children aged 5 to 10 from Odanak and Wôlinak.

### Moccasin hunt

### 10 families participated

In collaboration with Virginie Descôteaux, we made little moccasins out of keychains, which we also beaded. They were hidden in strategic locations throughout Odanak. Using clues posted as "stories" on the health centre's Facebook page, people in the community were asked to walk around and try to find the little moccasins. Each person who found a moccasin won a fruit basket and a chocolate fondue can from Chocolats favoris. The hunt took place over an entire weekend, and was very popular with participants.

### Challenges faced

Participation of elders due to lack of transportation. Even though the activity took place in the community, many elders were unable to participate because they didn't have a vehicle, a driver's license or someone to accompany them during the activity.

Lack of adequate gym space for team sports such as basketball, field hockey, volleyball, etc. Renting a gymnasium on a weekday evening near Odanak is very difficult to find. An outdoor volleyball court would also be appreciated and helpful.

In the summer, a request was made to install curtains/ blinds in the community hall, so that we could continue to offer movie afternoons and facilitate screenings during meetings and training sessions. The curtains that have been installed are not opaque and let in plenty of light.

Lack of equipment in the community room accessible at all times, e.g. scissors, dishcloth, table cleaner, certain kitchen items, etc.



### KCHAÏAK Committee

Sector: Elders

# ACTIVITIES COMPLETED BY THE SECTOR

- · Community lunch
- Knitting
- · Dental hygienist
- · Fall prevention
- · Cooking classes
- · Sugar shack outing
- · Moccasin and mitten class
- Corn roast
- · Trip to Wendake
- · Christmas dinner
- · Outing to Mont-Ham

### **GENERAL OBJECTIVE**

• Contribute to maintaining the quality of life of elders in the Odanak community by offering them services and care adapted to their needs, while respecting Abenaki cultural values.

### SPECIFIC OBJECTIVES

- Help overcome isolation by helping them spend time outside their homes and meet other elders in the area;
- Enable elders 55 and over to share their cultural and medicinal knowledge with elders from other Indigenous communities;
  - O Increase the self-esteem of elders 55 and over by encouraging them to volunteer;
  - O Help them maintain their beliefs (55 and over).

### TRAINING COURSES ATTENDED

TRAINING/WEBINAR	PRESENTED BY
Health planning in Indigenous communities (November 8-9, 2023)	Indigenous Services Canada
Sensitive approach to trauma and adversity	March 26, 2024

MEETINGS	COMMITTEES	PRESENTED BY
IGS AND/ Amittee	Meeting with OHC management (August 28, 2023, September 26, 2023, November 2, 2023, December 6, 2023, January 11, 2024 and March 14, 2024)	Jean Vollant
MEETIN OR CON	Meeting for Mont-Ham	Laure Tardif

### SUMMARY OF COMPLETED EVENTS

More and more elders are taking part in our organized meals (corn roast, Christmas dinner, etc.). A great deal of satisfaction and recognition from participants.

### CHALLENGES MET

Increased participation.

### CHALLENGES FACED

Prepare activities that elders enjoy.

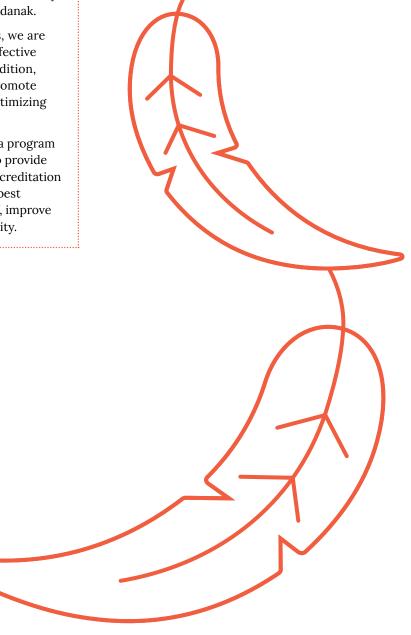


# **OHC REPORT CONCLUSION**

More than ever, the Odanak health centre is committed to improving the quality, accessibility and sustainability of healthcare for the Abenaki population of Odanak.

By participating in the accreditation process, we are able to demonstrate that we provide safe, effective and high-quality patient-centred care. In addition, this commitment will help build trust and promote learning in the Odanak community, while optimizing the use of resources.

Our participation in the Accreditation Canada program demonstrates that our organization strives to provide the best possible care to your community. Accreditation allows us to adopt and share knowledge and best practices with others, recruit and retain staff, improve services and strengthen ties in your community.



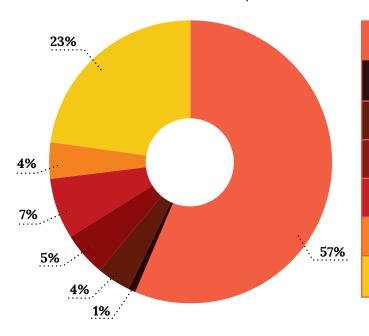


# SUMMARY FINANCIAL STATEMENTS



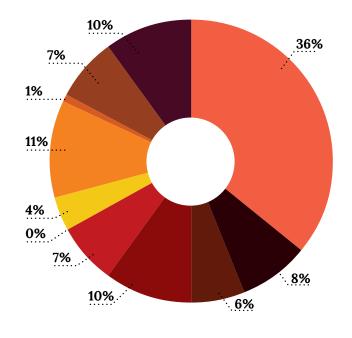
# **SUMMARY FINANCIAL STATEMENTS**

### **REVENUES BY SOURCE AS AT MARCH 31, 2024**



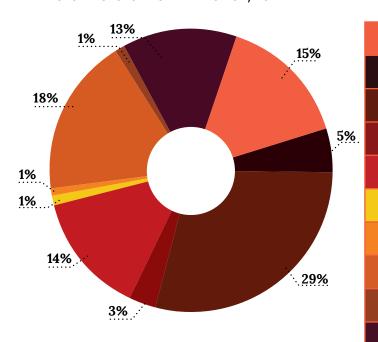
Indigenous Services Canada	\$11,396,253
Secrétariat aux relations avec les Premières Nations et les Inuit	\$246,324
W8banaki	\$739,114
Administrative revenues	\$981,203
Police force	\$1,412,098
F.N.Q.H.R.D.C.	\$742,978
Other Ministries and others sources of revenues	\$4,549,920
Total	\$20,067,890

### **EXPENSES BY NATURE AS AT MARCH 31, 2024**

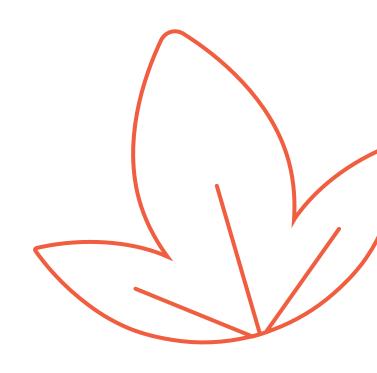


Salaries and payroll taxes	\$5,377,640
Accumulated depreciation	\$1,211,042
Administration costs	\$981,203
Service and professionnal fees	\$1,597,429
Services fees	\$1,063,768
Travelling costs	\$49,736
Projects	\$547,055
Tuition fees	\$1,729,905
Social assistance	\$202,467
Maintenance and contracts	\$1,035,497
Others sources of expenses	\$1,509,718
Total	\$15,305,460

### EXPENSES BY SECTOR AS AT MARCH 31, 2024



Education	\$2,227,697
Employment	\$774,519
Social development	\$4,566,686
Economic development	\$439,192
Administration	\$2,137,827
Land and trust	\$137,772
Social housing	\$104,402
Community infrastructure	\$2,866,656
Indigenous treaties and governement	\$92,586
Community activities	\$1,958,123
Total	\$15,305,460



Summary financial statements of the

# **Odanak Band Council**

March 31, 2024

March 31, 2024

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### Independent auditor's report on the summary financial statements

To the Members of Odanak Band Council

### **Opinion**

The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2024, and the summary statements of revenues and expenses, surplus under I.S.C. rules, revenues and expenses, surplus (deficit) under I.S.C. rules and fund balances - by department and segment information and the summary statement of change in net financial assets for the year then ended, and other explanatory information, are derived from the audited financial statements of Odanak Band Council for the year ended March 31, 2024.

In our opinion, the accompanying summary financial statements are a fair summary of the financial statements, in accordance with the criteria disclosed in Note 1 to the summary audited financial statements. However, we were not able to determine if any adjustments to the summary financial statements were necessary for the reasons described in The Audited Financial Statements and Our Report Thereon section of this audit report.

### **Summary Financial Statements**

The summary financial statements do not contain all the disclosures required by Canadian public sector accounting standards. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the Odanak Band Council audited financial statements and the auditor's report thereon.

The summary financial statements and the audited financial statements do not reflect the effects of events that occurred subsequent to the date of our report on the audited financial statements.

### The Audited Financial Statements and Our Report Thereon

In our Report Dated July 24, 2024:

- We expressed a qualified audit opinion on these financial statements because as part of the April 1, 2022, application of CPA Canada Public Sector Accounting Handbook Section PS 3280, "Asset Retirement Obligations", the Odanak Band Council did not identify and measure its liabilities for asset retirement obligations as at March 31, 2023 and March 31, 2024, which constitutes a departure from Canadian public sector accounting standards. The Odanak Band Council should have identified the assets or components at risk of an asset retirement obligation liability, estimated and recorded the amount of this liability, and provided disclosures about the obligations. Since the identification, estimation, recognition and disclosure of the obligations have not been performed, we were unable to determine whether any adjustments might be required to the capital assets, liabilities for asset retirement obligations as at March 31, 2024 and 2023, surplus for the year and cash flows from operating activities, as well as to the change in net financial assets and disclosures of the obligations in the audited financial statements for the years ended March 31, 2024, and 2023. We have expressed a qualified opinion on the audited financial statements for the year ended March 31, 2023, due to the implications of this departure from the Canadian public sector accounting standards.

MNP S.E.N.C.R.L., s.r.l./LLP

1500, rue Royale, bureau 250, Trois-Rivières (Québec) G9A 6E6



Tél.: 819.691.1212 Téléc.: 819.691.1213

- We included an Observation section to draw attention to the fact that Odanak Band Council includes in its financial statements certain financial information that are not required upon the Canadian public sector accounting standards. This information, established in conformity with Indigenous Services Canada, is the statement of surplus under I.S.C. rules, the statements of revenues and expenses, surplus (deficit) under I.S.C. rules and fund balances - by department and segment information and the breakdown of accumulated surplus. Also, the Odanak Band Council did not include a budget in the statement of change in net financial assets.

Because the summary financial statements are based on the audited financial statements, they also include certain information that is not required upon the Canadian public sector accounting standards. This information is the summary statement of surplus under I.S.C. rules, and the Summary statements of revenues and expenses, surplus (deficit) under I.S.C. rules and fund balances - by department and segment information.

Our opinion on the summary financial statements is not qualified regarding this matter.

### Management's responsibility for the summary financial statements

Management is responsible for the preparation of a summary of the audited financial statements based on criteria described in Note 1.

### **Auditor's responsibility**

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to report on summary financial statements".

MNPLLP

MNP LLP

Trois-Rivières (Québec) July 23, 2024



<sup>&</sup>lt;sup>1</sup> By CPA auditor, public accountancy permit No. A122666

Summary statement of revenues and expenses

Year ended March 31, 2024

	2024 \$	2023 \$
Revenues	20,067,890	16,031,461
Expenses	15,305,460	13,105,060
Surplus	4,762,430	2,926,401

The accompanying notes are an integral part of the summary financial statements.

Summary statement of surplus under I.S.C. rules Year ended March 31, 2024

	2024	2023
	\$	\$
Surplus	4,762,430	2,926,401
Reconciliation of LS.C.		
Fixed assets	/F 000 000\	(0.070.700)
Additions of fixed assets	(5,086,386)	(2,372,792)
Depreciation of fixed assets	1,211,042	1,159,594
Gain on disposal	(107)	(51,132)
Proceeds from disposal of fixed assets	6,000	98,509
	(3,869,451)	(1,165,821)
Financing		
Proceeds from long-term receivables	(702,373)	-
Repayment of long-term receivables	115,700	109,163
Repayment of long-term receivables - long-term investments	12,575	12,323
Proceeds from long-term debt	1,420,373	-
Repayment of long-term debt	(313,654)	(292,023)
	532,621	(170,537)
Allocation		
Various reserves	(177,989)	(67,827)
	(3,514,819)	(1,404,185)
Surplus under I.S.C. rules	1,247,611	1,522,216

The accompanying notes are an integral part of the summary financial statements.

Odanak Band Council

Odanak Band Council

Program, nature of funding and service number	nd Description	Revenues \$	Expenses &	Surplus (deficit) \$	Reconciliation under I.S.C. rules	Surplus (deficit) under I.S.C. rules	Unrestricted accumulated surplus March 31, 2023	Total unrestricted accumulated surplus March 31, 2024
ECONOMIC DEVELOPMENT	N1							
Fixed contribution								
Q3JT-001 124	Program - Tourism - Water Park Project Abénaki Aventure (CQV38)	50,000	50,000	-	ı	•	•	,
SOCIAL DEVELOPMENT								
Fixed contribution								
	Program - FNCFS - Operation - Information Technology							
Q2C0-002 391	Program - FNCFS - Operation							
Q2C0-003 391	Program - FNCFS - Operation - Information Technology - Remote							
	Program - FNCFS - Operation - Remote	•		•	•	•	1	
Q2C3-001 396	Program - FNCFS - Prevention, Less Disruptive Measures Program - FNCFS - Prevention, Less Disruptive Measures -							
Q2C3-002 396	Remote	78,224	78,224					
Q2C7-001 397	Program - FNCFS - First Nation Representative Services Program - FNCFS - First Nation Representative Services -							
	Remote	80,926	80,926	•	•	•	1	
	Program - FNCFS - Emergency Funds							
Q2PR-002 386 Q2PP-001 381	Program - FNCFS - Emergency Funds - Kemote Program - FNCFS - Poverty - Remote			•		•	•	•
	Program - FNCFS - Poverty	i	•	•	•	•	i	
Q24A-001 908	Program - Cultural and Educational Centres Program - Income ≜ sesistance - Service Delivery	24,756	27,026	(2,270)	ı	(2,270)	(44,648)	(46,918)
(Q2AF-001) 996	(COVID-19)	1		•	•	•	ı	1
Flexible contribution								
(Q2D0-002) 349	Program - Prevention Programs - Family Violence	7,750	7,750			•	(5,376)	(5,376)
(Q29W-001) 997	Program - Income Assistance - Basic Needs (COVID-19)	•		•		•		1
Block contribution								
to			ļ					
Q410-003 715 160	Program - Income Assistance Project - Day Camp	1,176,038 5,130	357,656 32,863	818,382 (27,733)	1 1	818,382 (27,733)	6,016,344 (48,092)	6,834,726 (75,825)
		1,372,824	584,445	788,379	1	788,379	5,918,228	6,706,607

Odanak Band Council

Program, nature of funding and service number	ding and	Description	Revenues \$	Expenses	Surplus (deficit) \$	Reconciliation under I.S.C. rules	Surplus (deficit) under I.S.C. rules	Unrestricted accumulated surplus March 31, 2023	Total unrestricted accumulated surplus March 31, 2024
EDUCATION									
Fixed contribution									
(Q29A-001) 67	629	Program - Post-Secondary Student Support Program (COVID-19)	ı	ı	•	ı	•	,	•
Q2J2-001 63	630	Program - Imperioritation / Expansion or Filmary and Secondary Education in Adult Education	40,957	40,957	ı	1	•	•	,
Block contribution									
Q40Y-001 Q40Y-002 600 ar	and 620	600 and 620 Program - Public and Private Schools Protection - Block	717,988	390,978	327,010	(12,500)	314,510	1,656,687	1,971,197
	and 675	670 and 675 Program - Education - Post-Secondary	2,105,261	1,795,762	309,499	(4,250)	305,249	5,212,591	5,517,840
			2,864,206	2,227,697	636,509	(16,750)	619,759	6,869,278	7,489,037
LAND, INCOME AND TRUST	D TRUST								
Fixed contribution									
(Q3WF-001) 44	440	Program - Lands and Economic Development Services Program (LEDSP) - Targeted Environment - Strategic Development Project for the Control of Eboral Ash (CQU40)	15,313	15,313	1	ı	,	ı	ı
(000 = 1/4/50)	2	Program - Lands and Economic Development Services Program (LEDSP) - Targeted Environment - Installation of Elbodia - Obsering Services (COI 144)	200	0 10	0 70	(0.90 0.0)			
	ļ	o Eccardo Volhaço Ontaging Otataons (VASC+1) Program - First Nations Climate Change Adaptation Program - Project to Assess Areas Impacted by Climate Channe in the Community of Odanak and Pronose Nature	- 1		6	(000,400)			
QZJF-001 Block contribution	444	Based Solutions	10,215	10,215	ı		ı	ı	•
Q40X-001 Q40X-002 42	420	Program - Reserve Land Management	55,512	74,110	(18,598)	ı	(18,598)	(118,115)	(136,713)
			176,261	966'66	76,265	(94,863)	(18,598)	(118,115)	(136,713)

Odanak Band Council

Summary statements of revenues and expenses, surplus (deficit) under I.S.C. rules and fund balances - by department and segment information Year ended March 31, 2024

volution         448         Program - Operation and Maintenance - Van (CQV97)         Program - Operation and Maintenance - Van (CQV97)         Program - Operation and Maintenance - Operation and Maintenance of the Ecocentre State of SMS - Infrastructure extension         294.949         205,442         89,507         ( ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (	Program, nature of funding and service number	unding an	bescription	Revenues \$	Expenses \$	Surplus (deficit)	Reconciliation under I.S.C. rules	Surplus (deficit) under I.S.C. rules	Unrestricted accumulated surplus March 31, 2023 \$	Total unrestricted accumulated surplus March 31, 2024
448         Program - Operation and Maintenance - Van (COV97)           448         Maintenance - Operation and Maintenance - Operation and Maintenance of the Ecocentral Councils of the Ecocentral Ecocentral Councils of the Ecocentral Ec	COMMUNITY INF	RASTRU	CTURE							
448         Program - Operation and Maintenance - Van (COV97)         Program - Operation and Maintenance - Van (COV97)         Program - Content on and Maintenance - Operation and Maintenance of the Ecocentre and Maintenance of the Ecocentre o	Fixed contribution									
448         Maintenance of the Ecocentre         294,949         205,442         89,507         ( )           701         Concrete Curbs and Bidges - Project COM60 - Layout of Program - Local Roads and Bidges - Culvert         30,529         - 30,529         - 30,529         ( )	Q30G-001	448	Program - Operation and Maintenance - Van (CQV97) Program - Operation and Maintenance - Operation and							
Program - Roads and Bridges - Project CQM60 - Layout of Concrete Curbs and Sidewalks on Wabar-Aki Street	Q3WI-001	448	Maintenance of the Ecocentre	294,949	205,442	89,507	(98,698)	(9,191)	(43,286)	(52,477)
702 Reconstruction Project (CDTS)         85.881         6.881         6.881         (1.082)           703 project - Tolba Street Loop (CQO60)         Maskwater - Less than \$1.5M - Infrastructure Project - Tolba Street Loop (CQO60)         190.416         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.082)         (11.004)	(Q3UO-001) (Q3UO-002)	701	Program - Roads and Bridges - Project CQM60 - Layout of Concrete Curbs and Sidewalks on Waban-Aki Street	30,529	1	30,529	(30,529)	ı	(31,411)	(31,411)
Reconstruction Project (LQT54)   B5,881   Care			Program - Local Roads and Bridges - Culvert							
Diminity Water – Less than \$1.5M – Infrastructure extension	(Q3CD-001)	702	Reconstruction Project (CQT54)	85,881	İ	85,881	(98,867)	(12,986)	ı	(12,986)
703         Toba Street Loss than \$1.5M - Infrastructure Project - Toba Street Loop (CQO60)         197,076         6,660         190,416         (1           704         Program - Planning of Infrastructure Projects - Addressing Infrastructure Deficiencies         4,152         -         -         4,152         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         4,152         -         -         1,450         -         -         1,450         -         -         1,450         -         -         1,450         -         -         1,450         -         -         1,450         -         -         1,450         -         -         -         -         -         -         -         -         -         -	(Q3X8-001)	703	Drinking Water - Less trial \$1.3M - Illinastructure exterision project - Tolba Street Loop (CQO60)							
Tolba Street Loop (CQO60)			Wastewater - Less than \$1.5M - Infrastructure Project -							
Program - Planning of Infrastructure Projects - Addressing	(Q3XA-001)	703	Tolba Street Loop (CQO60)	197,076	099'9	190,416	(178,294)	12,122	Ì	12,122
Infrastructure Deficiencies			Program - Planning of Infrastructure Projects - Addressing							
712         Project - Kluna and Tolba Pathway Extension         4,152         - 4,152           713         Project - Kluna and Tolba Pathway Extension         1,450         - 4,152           713         Sewage Pleas Repair on Asban Street         1,450         - 1,450           714         Project - Pavement and Equipment - Plow Acquisition         12,250         - 11,450           720         Program - Water Conveyance Network         - 12,250         - 12,250           720         Community Utilities and Facilities         - 10,820         - 10,820           720         Community Utilities and Facilities         - 10,820         - 10,820           Program - Drinking Water - Less than \$1.5M - CQM83 - 10,820         - 10,820         - 10,820           Project - Co-Investment - Construction of 9 Units         2,164,670         297         2,164,373           Program - Community Infrastructure Safe Reopening         1,891         2,895         (1,004)           995         (COVID-19)         1,891         - 74           Program - Intervention - Indigenous Community Support         - 67,418         67,418	(Q3UZ-001)	902	Infrastructure Deficiencies	•		•	•	•	1	•
Program - Sewage - Less than \$1.5M - Project CQM58 - 1,450	(Q3UQ-001)	712	Project - Kiuna and Tolba Pathway Extension	4,152		4,152	(4,152)	ı	(2,701)	(2,701)
1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,450   1,25	(Q3TG-001)		Program - Sewage - Less than \$1.5M - Project CQM58-							
Project - Pavement and Equipment - Plow Acquisition   12,250	(Q3TG-002)	713	Sewage Pipes Repair on Asban Street	1,450		1,450	1	1,450	(543)	206
720         Program - Water Conveyance Network           Program - Water Conveyance Network         Program - Other Community Infrastructure (OCI) -           720         Community Utilities and Facilities           Program - Drinking Water - Less than \$1.5M - CQM83 -         10,820           736         Infrastructure Extensions - Mgezo Street         297           820         Project - Co-Investment - Construction of 9 Units         2,164,670           995         (COVID-19)         1,891         2,895           Program - FNCFS - Housing Needs of First Nations         1,891         2,895           R24         Children and Families         74           Program - Intervention - Indigenous Community Support         74           998         Fund (COVID-19)	Q3B3-001	714	Project - Pavement and Equipment - Plow Acquisition	12,250		12,250	(160,000)	(147,750)	(240,429)	(388,179)
Program - Other Community Infrastructure (OCI) -  Community Utilities and Facilities  Community Utilities and Facilities  Program - Drinking Water - Less than \$1.5M - CQM83 -  10.820  Program - Drinking Water - Less than \$1.5M - CQM83 -  10.820  Program - Community Infrastructure Safe Reopening  Program - Community Infrastructure Safe Reopening  Program - FNCFS - Housing Needs of First Nations  Program - FNCFS - Housing Needs of First Nations  R24 Children and Families  Program - Intervention - Indigenous Community Support  Program - Intervention - Indigenous Community Support  FINAL STATE  Program - Intervention - Indigenous Community Support  FINAL STATE  FI	(Q35E-001)	720	Program - Water Conveyance Network							
720         Community Utilities and Facilities         -			Program - Other Community Infrastructure (OCI) -							
Program - Drinking Water - Less than \$1.5M - CQM83 - 10,820	(Q3BW-001) (Q3TE-001)	720	Community Utilities and Facilities			•	1	•	ı	
Infrastructure Extensions - Mgezo Street	p		Program - Drinking Water - Less than \$1.5M - CQM83 -							
820         Project - Co-Investment - Construction of 9 Units         2,164,670         297         2,164,373         2,164,373         2,164,373         3,164,373         <	(Q3TG-003)	736	Infrastructure Extensions - Mgezo Street	10,820	1	10,820	(10,820)	•	•	
Program - Community Infrastructure Safe Reopening   1,891   2,895	(Q3XJ-001)	820	Project - Co-Investment - Construction of 9 Units	2,164,670	297	2,164,373	(2,261,216)	(96,843)	(18,813)	(115,656)
995 (COVID-19) 1,891 2,895  Program - FNCFS - Housing Needs of First Nations 74  Program - Intervention - Indigenous Community Support 67 418 (1,891 1			Program - Community Infrastructure Safe Reopening							
Program - FNCFS - Housing Needs of First Nations 824 Children and Families Program - Intervention - Indigenous Community Support 998 Fund (COVID-19)	(Q3R5-001)	966	(COVID-19)	1,891	2,895	(1,004)	ļ	(1,004)	1	(1,004)
Program - FNCFS - Housing Needs of First Nations 824 Children and Families Program - Intervention - Indigenous Community Support 898 Fund (COVID-19)	Flexible contributio	⊊l								
Children and Families Program - Intervention - Indigenous Community Support 998 Fund (COVID-19)			Drogram ENCES Housing Needs of Eiret Nations							
Program - Intervention - Indigenous Community Support 998 Fund (COVID-19)	QA1V-001	824	Children and Families	74	ı	74	(74)	•	1	•
	(Q3V9-001)	866	Program - Intervention - Indigenous Community Support Fund (COVID-19)		67,418	(67,418)	i	(67,418)	(4,835)	(72,253)

Program, nature of funding and service number	d Description	Revenues	Expenses	Surplus (deficit)	Reconciliation under I.S.C. rules	Surplus (deficit) under I.S.C. rules	Unrestricted accumulated surplus March 31,	Total unrestricted accumulated surplus March 31,
Block contribution		<b>+</b>	•	<b>+</b>	•		<b>+</b>	
Q40N-001 155, 700 and								
Q40N-002 760	and Major Repairs							
Q40O-001 700 Q40R-001	Program - Water and Sewage - Capital Assets							
Q40R-002 804	Program - Housing - Operation and Maintenance							
Q40S-002 804 Q40T-001	Program - Housing - Capital Assets							
Q40T-002 700 Q40U-001 to	Program - Other Extension and Major Repairs							
Q40U-003 700	Program - Other Capital Assets	320,955	2,437,872	(2,116,917)	1,020,018	(1,096,899)	(1,253,799)	(2,350,698)
Q3XA-001 735	Program = Wastewater = Less trial \$1.3M = Project to Upgrade Wastewater System (CQU83)	520,292	1,553	518,739	(518,739)	I	(29,409)	(29,409)
718	Project - Garage Improvements	•		•			(23,082)	(23,082)
728	Project - Extension of the Cemetery	20,000	į	20,000	(59,078)	(39,078)	(84,101)	(123,179)
292	Project - Infrastructures for the 3rd Industrial Motel			•	(2,658)	(2,658)	İ	(2,658)
066	Project - Infrastructure Improvements in Case of Emergency Measures		,	•	•	•	(236,760)	(236,760)
		3,664,989	2,722,137	942,852	(2,403,107)	(1,460,255)	(1,969,169)	(3,429,424)
INDIAN REGISTRATION								
Block contribution								
Q40V-001 Q40V-002 685	Program - Core Funding of Lands and Trust Services - Indian Registration	27,473	37,776	(10,303)		(10,303)	(52,884)	(63,187)
NEGOTIATIONS								
Fixed contribution								
	Program - Specific Claims Establishment: Specific Claims		000	000		000		Í
(QZ9Q-002) 903	Inbunal (Surrender 38 lots St-François (1858-1884)) Program - Specific Claims Establishment: Specific Claims	12,425	40,233	(27,808)	ı	(27,808)	(451,609)	(479,417)
(QZ9Q-001) 904	Tribunal - (Seigneurial System (1662-1863))	11,347	52,353	(41,006)	-	(41,006)	(938,126)	(979,132)
		23,772	92,586	(68,814)	1	(68,814)	(1,389,735)	(1,458,549)
Balance of funds as at March 31, 2023	sh 31, 2023	•		•	ı		(1,697,036)	(1,697,036)
Total fund balance as at №	Total fund balance as at March 31, 2023 (based on a 10-year agreement)	11,037,314	7,855,996	3,181,318	(2,541,820)	639,498	6,778,983	7,418,481

Odanak Band Council

Summary statements of revenues and expenses, surplus (deficit) under I.S.C. rules and fund balances - by department and segment information Year ended March 31, 2024

SERVICES - OTHER THAN I.S.C. COMMUNITY ACTIVITIES 801 Abe	Description	Revenues \$	Expenses \$	Surplus (deficit) \$	Reconciliation under I.S.C. rules	Surplus (deficit) under I.S.C. rules \$	surplus March 31, 2023	accumulated surplus March 31, 2024
	7							
	Abenakis Police Services	1,278,666	1,278,666	•			(185,966)	(185,966)
802 a	Project to Strengthen the Fight Against Domestic Violence and Sexual Violence	127,688	127,688	•		•	i	•
	Project - Police Infrastructures for the Abenakis Police	Ö		Ċ	Ô			
803	Services Project - Strengthening Materials for First Nations and Inuit	223	ı	223	(223)	ı		1
817 P	Policing in Quebec	114,402	25,215	89,187	(89,187)	•	ı	•
	Resolving Funding Issues of the Abenakis Police Force							
	(CPDA)	Ī	10,064	(10,064)	1	(10,064)	(33,308)	(43,372)
	TC Energy Project	•	•	•	1	•	İ	•
416, 436 and F	Project - Consultation Under the Aboriginal Initiatives Fund	67 050	27 460	900 00	(10.01)	707	100 600	115 071
	and other Projects Project - Aboriginal Habitat Participation Program (AHPP) -	806,70	37,132	30,800	(18,317)	12,489	102,382	1.70,611
410 and 437 S	Striped Bass and Cormorant	164,452	164,452	•		•	•	
	Project - Abénaki Council of Wôlinak - Contaminants in							
	Fish	3,263	3,263	•		•	•	
	Project - 2nd Marsh Management (Perch)	11,460	11,460	•	•	•	1	•
	Project - Endangered Species	58,720	58,720	•	•	1	(49,117)	(49,117)
	Project - Reservoir Consultations	58,972	58,972		•	•	•	
441 P	Project - Species at Risk - Swallows	48,764	48,764	•		•		
	Project - Industrial Research Assistance Program (IRAP) - Business Connectination for the Odersky I and end							
	Business Opportunities for the Odanak Land and		į					
	Environment Office	57,976	9/6/20	- 0	1 0		•	
460 F	Project - Striped bass Pontoon	88,715	59,373 16,358	29,342	(29,342)			
		2,098,617	1,958,123	140,494	(138,069)	2,425	(165,809)	(163,384)
ADMINISTRATION								
810 and 905 C	810 and 905 Contributions and Miscellaneous Projects	(10,747)	52,463	(63,210)	1	(63,210)	(706,328)	(769,538)
ECONOMIC DEVELOPMENT								
120 E	Economic Development	76,273	105,361	(29,088)	ı	(29,088)	(15,678)	(44,766)
772, 780, 781,								
	Rented Buildings	584,803	283,831	300,972	(391,057)	(90'082)	679,757	589,672
123 P	Project - Potential of Tourism Development Study		. "	. "	, I	, I		
		661,076	389,192	271,884	(391,057)	(119,173)	664,079	544,906

Summary statements of revenues and expenses, surplus (deficit) under I.S.C. rules and fund balances - by department and segment information Year ended March 31, 2024

Program, nature of funding and service number	ng and Description	Revenues	Expenses \$	Surplus (deficit) \$	Reconciliation under I.S.C. rules	Surplus (deficit) under I.S.C. rules	Unrestricted accumulated surplus March 31, 2023	Total unrestricted accumulated surplus March 31, 2024
SOCIAL DEVELOPMENT	IN							
Block contribution								
Q226-001 326	6 Program - Federal Tobacco Control Strategy (FTCS)	11,443	3,837	7,606	ı	7,606	11,581	19,187
(Q23X-001) 336	Program - Initiative on Emergency Related to 6 Communicable Diseases Program Abadining Leath Human Descriptors Initiative		ı	•	ı	1	13,690	13,690
Q233-001 378 Q30I-001 388		8,031 14,125	8,708	(677) 14,125	1 1	(677) 14,125	4,906 14,295	4,229 28,420
(Q22U-001) 398	Program - First Nations and Inuit Home and Community 8 Care (FNIHCC)	•		,			45,099	45,099
Fixed contribution								
	Program - First Nations Environmental (EPHP) - Game							
(Q23D-001) 324		1	,		1	1	1	ı
(Q21G-002) 341		153,781	203,215	(49,434)	ı	(49,434)	ı	(49,434)
(Q22I-002) 343	Access to Continuum, Prenatal, Postnatal Services and Culturally Adapted Assistance Services at Birth	1,894	3,123	(1,229)	ı	(1,229)	ı	(1,229)
3)			. :		•	•	•	
Q2FY-001 355 Q2FQ-001 385	<ol> <li>Program - Jordan's Principle - Service Coordination</li> <li>Program - Jordan's Principle - Professional Services</li> </ol>	60,168	60,168	•	ı	ı	ı	
Q2G9-001 385		1,317,757	1,317,757	ı	•	•	•	
(Q3RA-001) 392								
(Q3RF-001) 392		26,171	13,821	12,350	(12,350)	•	•	•
(Q21G-001) 393	riogram - Mental Weinless - Hauma-monned heatin Cultural Supports	156,287	156,287	ı			•	•
(Q221-003) 395	Program - Public Health Fund - Food Security - Isolation 5 COVID-19	•	1		1	•	ı	1

Odanak Band Council

Summary statements of revenues and expenses, surplus (deficit) under I.S.C. rules and fund balances - by department and segment information Year ended March 31, 2024

Program, nature of funding and	nding and	Description	Revenues	Expenses \$	Surplus (deficit) \$	Reconciliation under I.S.C. rules	Surplus (deficit) under I.S.C. rules	Unrestricted accumulated surplus March 31, 2023	Total unrestricted accumulated surplus March 31, 2024
Set contribution Q010-001	340	Program - Medical Transportation (NIHB/MT)	142,603	142,603	ı	,	,		
Flexible contribution									
(QA0X-001) (QA0X-002) (Q22V-001)	325 358	Program - Indigenous Early Learning and Child Care (IELCC) - Small Projects (AHSOR) Program - Professional Development	18,253	4,096	14,157	(14,157)	1 1	. (307)	. (307)
Q01T-001	384	Program - Mental Health Counselling/Healing by Traditional Healer Services	8,865	8,865	ı		•	•	
Q300-001	390	Program - Heatrn Imrastructures and capital Assets - Expansion of the Odanak Heatrl (CSO)	3,905	ı	3,905	(3,905)	ı	(2,486)	(2,486)
(Q23R-001)	394	Program - Clinical and Client Care (CCC) - Front-Line Services related to COVID-19 Pandemic	9,778	12,466	(2,688)	ı	(2,688)	•	(2,688)
Block contribution									
Q40J-001 Q40J-002 Q40K-001 to 330,	330 330, 357 and	Program - Health Infrastructure Operations and Management							
Q40K-003 SANTÉ	366 315	Program - Health Planning and Management Project - 25th Anniversary of Odanak Health Centre	611,649 -	645,368	(33,719)	(12,273)	(45,992)	1,674,852 (32,525)	1,628,860 (32,525)
2	316, 317, 329, 333, 339 and								
Q40D-004 SANTÉ SANTÉ	359 320 321	Program - Promoting Healthy Lifestyles Project - Access to Health Care Project - Meals on Wheels	188,254 - 6,980	357,190 29,256 75,276	(168,936) (29,256) (68,296)	1 1 1	(168,936) (29,256) (68,296)	(183,913) (39,286) 173	(352,849) (68,542) (68,123)
Q40F-001 Q40F-002 Q40F-003	334	Program - Home and Community Care	252,018	241,409	10,609	ı	10,609	64,512	75,121
Q40A-006 Q40A-006	335	Program - New Financial Relationship Drogram - Countly Transmitted and Blood Borns Infertions							
Q40I-003 Q40I-003 SANTÉ	335 337	r rogram - ockually mansmitted and blood bonne meddons (STBBI) Project - Elders	154,912 6,528	116,092 78,277	38,820 (71,749)	1 1	38,820 (71,749)	44,434 (27,242)	83,254 (98,991)
Q40C-005 345 Q40C-002 345 Q40C-003 345	345 and 379 345 and 379 345 and 379	Program - Mental Wellness Program - Indian Day Schools - Heathcare Support Program - Expanded Trauma Health Support	497,785	ı	497,785	ı	497,785	122,159	619,944
	346, 348 and 350	Program - Healthy Child Development							

Odanak Band Council

Summary statements of revenues and expenses, surplus (deficit) under I.S.C. rules and fund balances - by department and segment information Year ended March 31, 2024

Program, nature of funding and service number		Description	Revenues	Expenses \$	Surplus (deficit) \$	Reconciliation under I.S.C. rules	Surplus (deficit) under I.S.C. rules	Unrestricted accumulated surplus March 31, 2023	Total unrestricted accumulated surplus March 31, 2024
346, Q40E-002 346	346, 348 and 350 346, 348 and	Program - Healthy Child Development - Midwife (CD60G)							
Q40E-003	350	Program - Healthy Child Development - Midwifery (CD60F)	106,619	155,911	(49,292)	(12,910)	(62,202)	(26,855)	(89,057)
Q40H-002	347	Program - Environmental Hygiene	37,543	37,534	6	ı	6	17,337	17,346
Q40B-002	351	Program - Community Oral Health Services Activities	10,306	11,492	(1,186)	- 1	(1,186)	(217)	(1,403)
SOCIAL DEVELOPMENT (NON-AFN)	MENT (NC	N-AFN)	3,803,833	3,882,731	122,904	(26,26)	80¢',70	1,700,207	016,707,1
	327	GCNIMA - Collective Kitchen Project	31 840	35 105	(3.265)	i	(3.265)	1	(3.265)
	314	SONWING CONCURS NICTED TO SOLVE FNOLHSSC - Anti-racism	2 '		(5,205)	1 1	(007,0)		(0,7,0)
	318	FNQLHSSC - Community Mobilization				1	Ĭ		1
	328	FNQLHSSC - Fight Against Poverty	•	ı			•	•	•
	354	FNQLHSSC - Fight Against Cancer	3,777	5,677	(1,900)	ı	(1,900)	1	(1,900)
	389	FNQLHSSC - Health Improvement	•	•	1	•	İ	1	•
		FNQLHSSC - Indigenous Early Learning and Child Care							
	399	(IELCC)	24,200	24,200	•	•	•		•
	380	ESDC - Modification at Aln8baïwi Hall		•	•	•	•	(9,236)	(9,236)
	601	FNEC - Youth Employment - Science and Technology	8,235	8,235	1		•	(2,541)	(2,541)
	209	FNEC - Education Partnerships Program					•		•
	610	FNEC - Activités éducatives, linguistiques and culturelles ENEC Entante régionale en éducation Éducation nor le	28,279	28,279	ı	1	ı	•	•
	635	FINEO - EIREIRE IEGIOTIAIE ETI EGUCAROTI - EGUCAROTI PATTE Territoire	35 681	35.681		,	,	٠	•
	8	CMHC - Initial Funding - Shelters Initiative for Indigenous	5	5					
	867	Women and Children	322,944	1	322,944	(312,274)	10,670	(10,671)	(1)
	926	MCCQ - Cultural Projects	74,874	74,874					
	930	MCCQ - Cultural Development Officer	42,230	42,230			•	•	
		Canadian Heritage (Aboriginal Languages Initiative) - Let's							
	929	Speak Abenakis	45,209	45,209			ı	•	•
			617,269	299,490	317,779	(312,274)	5,505	(22,448)	(16,943)
EMPLOYMENT									
	089	Employment and Training Service Centre	750,996	750,996	1	•	•	(94,888)	(94,888)
	602	FNEC - Youth Employment - Student Summer Employment	23,523	23,523	,		•	(3,271)	(3,271)
			774,519	774,519	1	,	1	(98,159)	(98,159)
LAND MANAGEMENT	LNE								
	425	Land Management Program of First Nations				•	•	٠	•

Odanak Band Council

(3,961) 92,266 556,925 53,203 4,867 703,300 131,966 4,806,435	126,315 - 18,204 - - 144,519 15,261,455	(3.961) 92,266 566,925 53,203 4,867 703,300 131,966 4,806,435	637,322 (556,925) (53,203) (4,867) 22,327	(3,961) 729,588 - - 725,627 33,635	1,047,365 (750,000) - - 297,365 378,428	1,043,404 (20,412) - - 1,022,992 412,063
770, 860       nd 916     Operation and Maintenance     122,354     126,315     (3,961)       729     Building Expansion at 102 Sibosis St     92,266     -     92,266       730     Park Improvements     575,129     18,204     556,925       733     Outdoor Billboard     -     53,203     -       741     Family Room Improvement     847,819     144,519     703,300       870     Housing Committee (CMHC)     236,368     104,402     131,966       870     Housing Committee (CMHC)     20,067,990     15,281,455     4,806,435     (3	126,315 - - 18,204 - - 144,519 15,261,455	(3.961) 92.266 556.925 53.203 4.867 703.300 131.966 4,806.435	637,322 (556,925) (53,203) (4,867) 22,327	(3,961) 729,588 - - 725,627 33,635	1,047,365 (750,000) - - 297,365 378,428	1,043,404 (20,412) 1,022,992 412,063
20,005, 10,0	18,204 - - 144,519 15,261,455	92,266 56,925 53,203 4,867 703,300 131,966 4,806,435	(556,925) (53,203) (4,867) 22,327	729,588	(750,000)	(20,412)
730     Park Improvements     575,129     18,204     556,925       733     Outdoor Billboard     -     53,203     -     53,203       741     Family Room Improvement     -     4,867     -     4,867       74     Family Room Improvement     847,819     144,519     703,300       870     Housing Committee (CMHC)     236,368     104,402     131,966       870     Housing Committee (CMHC)     20,067,990     15,261,455     4,806,435     (3)	18,204 - - 144,519 15,261,455	556,925 53,203 4,867 703,300 131,966 4,806,435	(556,925) (53,203) (4,867) 22,327 (98,331)	725,627	297,365	1,022,992
733         Outdoor Billboard         53,203         -         53,203           741         Family Room Improvement         4,867         -         4,867           742         Family Room Improvement         847,819         144,519         703,300           870         Housing Committee (CMHC)         236,368         104,402         131,966           870         Housing Committee (CMHC)         20,067,890         15,261,455         4,806,435         (3,5)	144,519	53,203 4,867 703,300 131,966 4,806,435	(53,203) (4,867) 22,327 (98,331)	725,627	297,365	1,022,992
847,819     144,519     703,300       870     Housing Committee (CMHC)     236,368     104,402     131,966       20,067,890     15,291,455     4,806,435     (3,5)	104,519	703,300 131,966 4,806,435	22,327	33,635	297,365	1,022,992
870 Housing Committee (CMHC) 236,368 104,402 131,966 20,067,890 15,261,455 4,806,435 (3,5,201,000)	104,402	131,966	(98,331)	33,635	378,428	412,063
870         Housing Committee (CMHC)         236,368         104,402         131,966           .         20,067,890         15,261,455         4,806,435         (3,5)	15,261,455	131,966	(98,331)	33,635	378,428	412,063
20,067,890 15,261,455 4,806,435	15,261,455	4,806,435				
	,		(3,514,819)	1,291,616	8,826,318	10,117,934
Balance of funds as at March 31, 2024 (as per previous year with I.S.C. and inactive funds)		ı	•	•	1,844,587	1,844,587
Share of the Development Corporation Odanak Inc.	44,005	(44,005)	ı	(44,005)	(938,091)	(982,096)
	15,305,460	4,762,430	(3,514,819)	1,247,611	9,732,814	10,980,425
CUMULATIVE SUMMARY BY DEPARTMENT						
1,958,123	1,958,123	140,494	(138,069)	2,425	(165,809)	(163,384)
2,847,042 2,093,822 753,220	2,093,822	753,220	(27,100)	726,120	(1,487,912)	(761,792)
ENT 711,076 439,192 271,884	439,192	271,884	(391,057)	(119,173)	664,079	544,906
SOCIAL DEVELOPMENT 1,229,062 (367,869) SOCIAL DEVELOPMENT 2,229,062 (367,869) SOCIAL DEVELOPMENT 2,227,697 637 636 (367,869)	4,566,686 2,227,697	1,229,062	(367,869)	861,193	7,595,987	8,457,180 7,489,037
	774,519		(2) (1)		(98,159)	(98,159)
	966'66	76,265	(94,863)	(18,598)	(118,115)	(136,713)
TURE 4,512,808 2,866,656 1,646,152 (2,	2,866,656	1,646,152	(2,380,780)	(734,628)	(1,671,804)	(2,406,432)
TION 27,473 37,776 (10,303)	37,776	(10,303)	į	(10,303)	(52,884)	(63,187)
lG 236,368 104,402 ·	104,402	131,966	(98,331)	33,635	378,428	412,063
NEGOTIATIONS 23,772 92,586 (68,814) -	92,586	(68,814)	1	(68,814)	(1,389,735)	(1,458,549)
- 77	- 44		•	(44,006)	147,551	147,551
SHARE OF THE DEVELOPMENT CORPORATION ODANAR INC 44,005) - 44,005 (44,005) - (44,005)	44,003	4.762,430	(3,514,819)	(44,005) 1,247,611	9,732,814	(982,096)

The accompanying notes are an integral part of the summary financial statements.

Summary statement of change in net financial assets Year ended March 31, 2024

	2024	2023
	\$	\$
Surplus of the year	4,762,430	2,926,401
Net change in amounts unspent fixed contributions	-	1,638,205
Variation of capital fund	101,093	76,283
Variation of the operating reserve CMHC	(97,934)	103,731
Fixed assets variation Additions Depreciation Gain on disposal Disposal	(5,086,386) 1,211,042 (107) 6,000	(2,372,792) 1,159,594 (51,132) 98,509
	(3,869,451)	(1,165,821)
Variation of non-financial assets	(51,832)	(90,476)
Variation of financial assets	844,306	3,488,323
Net financial assets at beginning	12,689,132	9,200,809
Net financial assets at the end	13,533,438	12,689,132

The accompanying notes are an integral part of the summary financial statements.

Summary statement of financial position

March 31, 2024

	2024	2023
	\$	\$
Financial assets		
Cash	7,379,603	6,485,737
Assets subject to restrictions		
Replacement reserve	366,587	336,064
Operating reserve	289,218	387,152
Trust fund - Liquid assets in the Ottawa Trust Fund	3,204,342	3,103,248
Short-term investments	10,935,187	4,353,173
Accounts receivable	4,491,475	4,641,864
Long-term investments	(90,632)	(34,052)
Long-term receivables	1,032,764	446,091
<u> </u>	27,608,544	19,719,277
Liabilities		
Accounts payable and accrued liabilities	2,510,106	1,531,278
Accrued contributions	666,665	161,404
Deferred income	7,373,392	2,919,239
Long-term debt	3,524,943	2,418,224
	14,075,106	7,030,145
Net financial assets	13,533,438	12,689,132
		, ,
Non-financial assets		
Prepaid expenses	263,133	211,303
Fixed assets	27,276,222	23,406,771
	27,539,355	23,618,074
Accumulated surplus	41,072,793	36,307,206

The accompanying notes are an integral part of the summary financial statements.

Contingencies and commitments (Notes 3 and 4)

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On behalf of the board

Richard O'Bomsawin, chief

Florence Benedict, concillor

Martin Gill concillor

Alain O'homsawin, concillor

Jacques T. Watso, concillor

Notes to the summary financial statements March 31, 2024

### 1. Summary financial statements

The summary financial statements present historical financial information derived from the complete financial statements and are less detailed than them.

They include complete financial statements, with the exception of cash flow statements, and some information from the notes to the complete financial statements. They do not include complementary information of revenues and expenses, budget data and some complementary notes included in the complete financial statements.

To obtain a copy of the complete financial statements, a request must be made to the Odanak Band Council's management.

### 2. Various reserves

	2024	2023
	\$	\$
Income security	150,000	150,000
Health centre	87,000	87,000
Band Council	53,080	53,080
Ecocentre	39,743	12,280
Economic development funds	150,898	150,898
Ministerial guarantee - Housing	383,000	331,000
Replacement reserve - Real estate	84,000	80,500
Public works	300,000	270,000
School bus	72,500	60,000
	1,364,221	1,216,758

### 3. Contingencies

### Potentially refundable loans

The loans extended by the Canada Mortgage and Housing Corporation for a total amount of \$79,418 concerning the R.R.A.P. program are payable by annual payments varying between \$788 and \$7,237, maturing in June 2025. As of March 31, 2024, the loans balance is \$73,925 (\$12,561 in 2023). The loans are conditional upon the maintenance of the homeowner's title to the houses. In default of which, the loans become due.

The loan extended by the Canada Mortgage and Housing Corporation for a total amount of \$2,610,000 concerning the On-Reserve Shelter Enhancement Program (SEP) program for the construction of a residence for women and children fleeing violence is payable by annual payments of \$174,000 in graceful form for a duration of 15 years from the first day following the date of the last disbursement of the loan. As of March 31, 2024, the loan balance is \$2,610,000 (nil in 2023). The loan is conditional upon the maintenance of the Council's title of the residence and the latter must use it in accordance with article 11 of the Agreement signed with CMHC for this project. In default of which, the loan becomes due.

Notes to the summary financial statements March 31, 2024

### 3. Contingencies (continued)

### Potentially refundable loans (continued)

The loan extended by the Canada Mortgage and Housing Corporation for a total amount of \$1,789,237 concerning the Affordable Housing Fund program for the construction of 9 housing units is payable by annual payments of \$178,924 in graceful form maturing in June 2023. As of March 31, 2024, the loan balance is \$1,127,702 (nil in 2023). The loan is conditional upon the maintenance of the Council's title of the residence and the latter must use it in accordance with article 13 of the Agreement signed with CMHC for this project. In default of which, the loan becomes due.

### Guarantees

The Council endorsed loans contracted by community members for the acquisition of personal residences for a maximum amount of \$6,059,812. As of March 31, 2024, these loans endorsed total \$4,766,995 (\$4,113,610 in 2023). Furthermore, the amount the Council might have to pay in the event of default by the Community members cannot be determined with precision. Any payment by the Council would be charged as an expense in the year they occurred.

In addition, the Council jointly and solidarily guarantees loans contracted by the Société Historique d'Odanak (Museum) for a maximum amount of \$1,425,604. As of March 31, 2024, these loans total \$190,596 (\$347,334 in 2023). The amount the Council might have to pay in the event of default by the Société Historique d'Odanak (Museum) cannot be determined with precision. Any payment by the Council would be charged as an expense in the year they occurred.

### **Eventual liability**

The Council entered into contribution agreements with various federal government departments. The funding provided under these agreements is subject to a refund if the Organization does not comply with their conditions.

### 4. Commitments

The Organization contracted agreements that fall due through September 2028. Future payments amount to \$4,693,441. Payments required over the next years are as follows:

	Various <u>agreements</u> \$	Equipment rental \$	Total \$
2025	4,475,048	12,022	4,487,070
2026	144,363	11,711	156,074
2027	21,821	11,400	33,221
2028	926	11,400	12,326
2029		4,750	4,750
	4,642,158	51,283	4,693,441

The heading "various agreements" includes agreements signed for the works for the drinkable water system, the control of blackflies, waste collection, fire protection management, management of buoys, equipment and building maintenance, health centre access, Internet, telephone and cable services, use of software, support in various files, contribution to a charity and construction projects.

In addition, Odanak Band Council is committed by resolution to pay the annual operating deficit of the Centre de la petite enfance "Aw8ssisak" of Odanak.